

**Ha arribat el moment de realitzar el cribratge universal de
Preeclàmpsia en el primer trimestre?**

CONTRA

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Screening tests for preeclampsia identified in the literature

1. Placental perfusion and vascular resistance dysfunction-related tests

Mean blood pressure in second trimester
Roll over test
Isometric exercise test
Intravenous infusion of angiotensin II
Platelet angiotensin II binding
Platelet calcium response to arginine vasopressin
Renin
24-hour ambulatory blood pressure monitoring
Doppler ultrasound

2. Fetoplacental unit endocrinology dysfunction-related tests

Human chorionic gonadotropin
Alpha fetoprotein
Estriol
Inhibin A
Pregnancy-associated plasma protein A
Activin A
Corticotropin release hormone

3. Renal dysfunction-related tests

Serum uric acid
Microalbuminuria
Urinary calcium excretion
Urinary kallikrein
Microtransferrinuria
N-acetyl--glucosaminidase

4. Endothelial and oxidant stress-related tests

Platelet count
Fibronectin
Platelet activation and aggregation
Endothelin
Prostacyclin
Thromboxane
Cytokines
Homocysteine
Isoprostanes
S-nitrosothiols
Antibodies
Nitric oxide synthase inhibitor
Tumor necrosis factor
C-reactive protein
Fibrinogen
Antithrombin III
Magnesium
Calcium
Ferritin
Transferrin
Haptoglobin
Atrial natriuretic peptide
2-microglobulin
Genetic markers

There is no clinically useful screening test to predict the development of preeclampsia

Draft Recommendation Statement: Preeclampsia: Screening - US Preventive Services Task Force 28 10 2016

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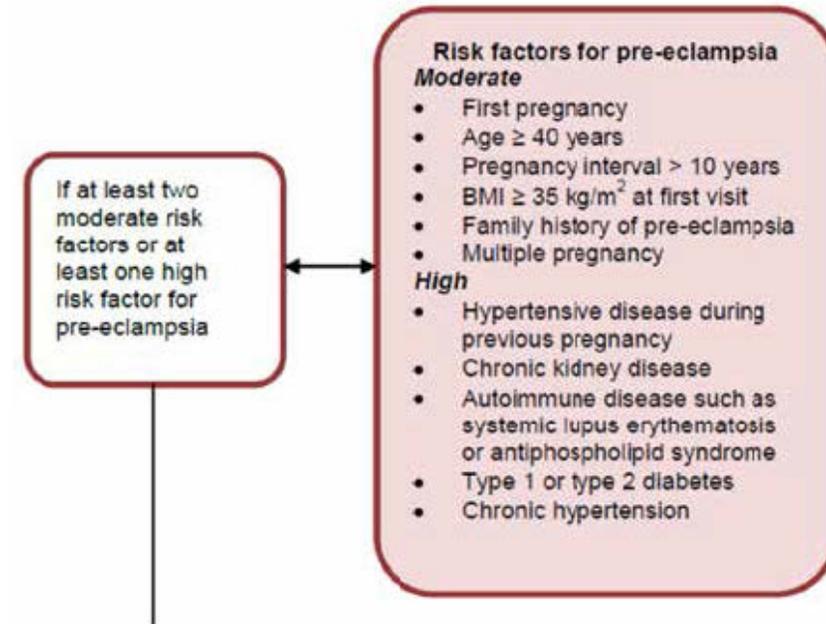
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COMMITTEE OPINION

Primiparity
Previous PE
Chr Hypertension, Chr renal disease or both
History of thrombophilia
Multifetal pregnancy
IVF
Family history of PE
Type I or II Diabetes mellitus
Obesity
SLE
Advanced maternal age (>40 years)



Low-dose aspirin use for the prevention : U.S. Preventive Services Task Force

Risk Level	Risk Factors	Recommendation
High	History of preeclampsia Chronic hypertension Type 1 or 2 diabetes Renal disease Autoimmune disease (ie, SLE, APs) Multifetal gestation	Aspirin if has ≥ 1
Moderate	Nulliparity Obesity (body mass index ≥ 30 kg/m ²) Family history of preeclampsia (mother or sister) Sociodemographic characteristics (African American, low socioeconomic status) Age > 35 y Personal history factors (e.g., low birthweight or small for gestational age, previous adverse pregnancy outcome, 10-y pregnancy interval)	Aspirin if several
Low	Previous uncomplicated full-term delivery	No Aspirin

Early Prediction of Preeclampsia

Estimated detection rates of (PE) requiring delivery before 34, 37, and 42 weeks' gestation, at false positive rates (FPR) of 5% and 10%.

Screening test	Detection rate (%)			
	FPR (%)	PE < 34 weeks	PE < 37 weeks	PE < 42 weeks
Maternal characteristics	5.0	36	33	29
	10.0	51	43	40
Ut-PI	5.0	59	40	31
	10.0	75	55	42
MAP	5.0	58	44	37
	10.0	73	59	54
PAPP-A	5.0	44	37	32
	10.0	55	48	42
PIGF	5.0	59	41	29
	10.0	72	54	40
MAP and Ut-PI	5.0	80	55	35
	10.0	90	72	57
PAPP-A and PIGF	5.0	60	43	30
	10.0	74	56	41
Ut-PI, MAP, and PAPP-A	5.0	82	53	36
	10.0	93	75	60
Ut-PI, MAP, and PIGF	5.0	87	61	38
	10.0	96	77	53
Ut-PI, MAP, PAPP-A, and PIGF	5.0	93	61	38
	10.0	96	77	54

Quality of first trimester risk prediction models for pre-eclampsia: a systematic review. BJOG 2015

Articles 80.- Eligible for review 24, Predictive models 38.

Definitions of PE.- 4

Study characteristics.- Parity 2 studies only nulliparous, Single (9 no statement)

Predictive models.- 38, (overall PE 10, EOPE 18, LOPE 9, Severe PE 1).

Number of patients and events.- Median of cases of PE / model 37, (IQR 19–97)
Median of controls / model 569 (IQR 289–5041).
Median of cases to predict EOPE 26

Quality of first trimester risk prediction models for pre-eclampsia: a systematic review. BJOG 2015

- Model-building.-** Selection of risk predictors was based on Statistical 34, Literature 4.
Selection of candidate Univariable 3, Multivariate 21, All predictors 8
Survival time model 3
Considered adjustment for confounders 33
- Risk predictors.-** 5 (IQR 3.75–7), the main Ut IP (expressed as mean, lowest or highest PI.)
- Number of events per variable.-** Median 6.5 (IQR 5–16.75). 8/36 was calculable, it was <10
To predict EOPE 5 (IQR 4–6). <10 in 15 models/16 (94%)
- Overfitting.-** 3 where the authors keep the number of predictors low to reduce the risk of overfitting
- Validation.-** Only two studies* (* Herraiz, Parks, Oliveira, Scazzocchio)

Principles of Early Disease Detection

1. The condition being sought should be a significant health problem.
2. The natural history of the condition should be understood.
3. There should be a recognizable latent or early symptomatic stage.
4. There should be a screening test or examination capable of detecting the disease in its latent or early symptomatic stage, and the test should be acceptable to the population.
5. There should be an acceptable treatment for people identified as having the disease.
6. Treatment in the latent or early symptomatic stages of the disease should favorably influence its course and prognosis.
7. The facilities to diagnose and treat patients identified in the screening program should be available.
8. There should be an agreed policy on whom to treat as patients.
9. The cost of case-finding, including the cost of diagnosis and treatment, should be reasonable in terms of its relationship to the cost of medical care as a whole.
10. Case-finding should be a continuing process, not a “one-shot” project.

1. The condition being sought should be a significant health problem.

Health

Mother.- Pulmonary edema, cerebral hemorrhage, hepatic failure, renal failure, seizures (eclampsia), disseminated intravascular coagulation (primarily with abruption), and maternal death.

Fetus /neonate .- Preterm birth, stillbirth, growth restriction, admission to a neonatal intensive care unit, neurological sequelae, death

Incidence

Varies between countries, believed that worldwide, 3–5 % of pregnant women are affected

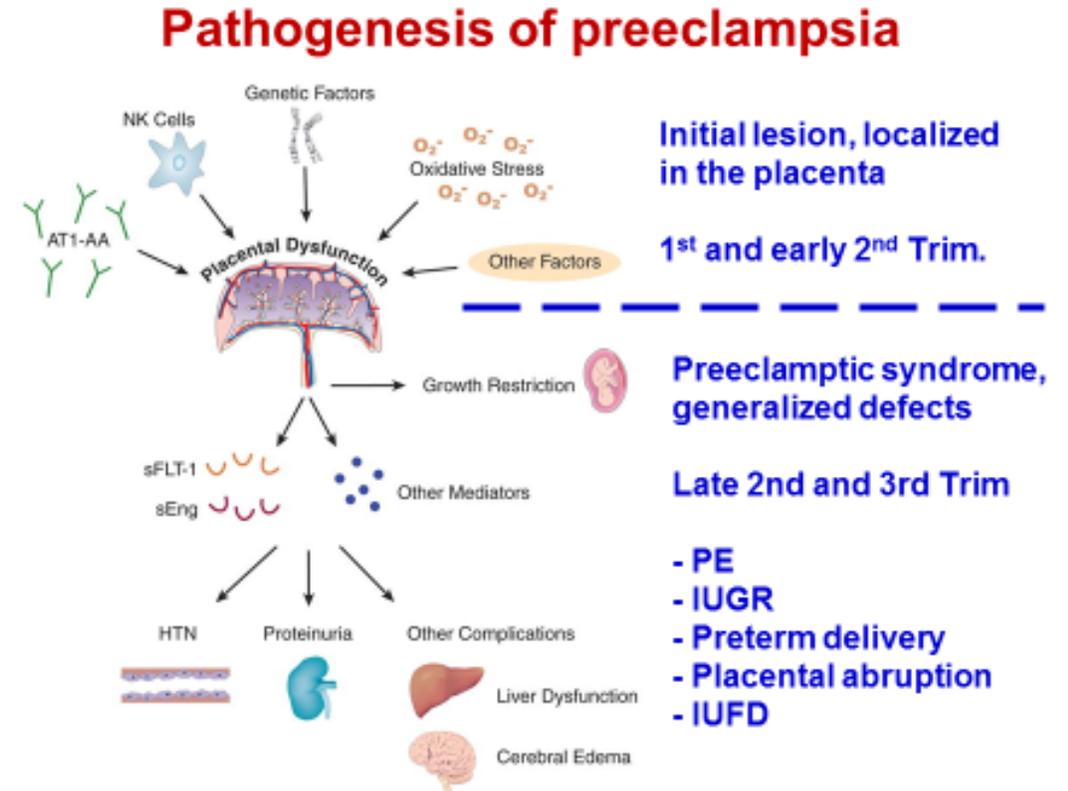
Spain 2.23% for pregnancy hypertension status (PHS), of which 1.1% corresponded to PE
(Comino-Delgado, Clin Exp Hypertens B 1986;5:217–30)

2.- The natural history of the condition should be understood.

The pathogenesis of pre-eclampsia is not well Understood.

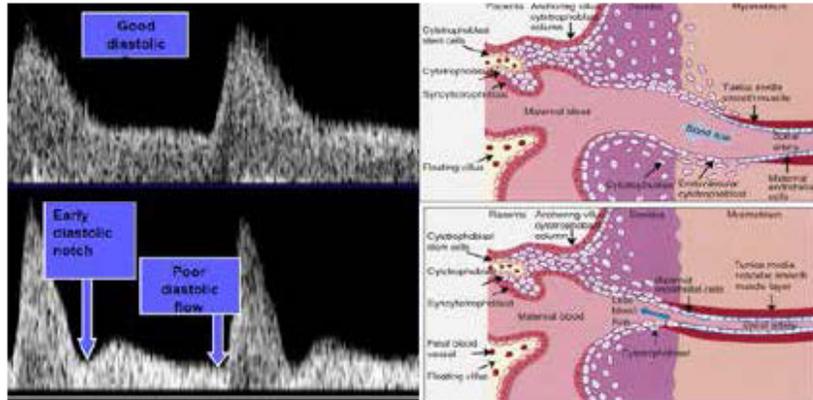
Preeclampsia, yet it remains a 'disease of theories'.

Many aetiological (genetic, nutritional, immunological and infectious) and pathophysiological (abnormal placentation, oxidative stress and endothelial dysfunction) pathways have been proposed as causal hypotheses for pre-eclampsia.

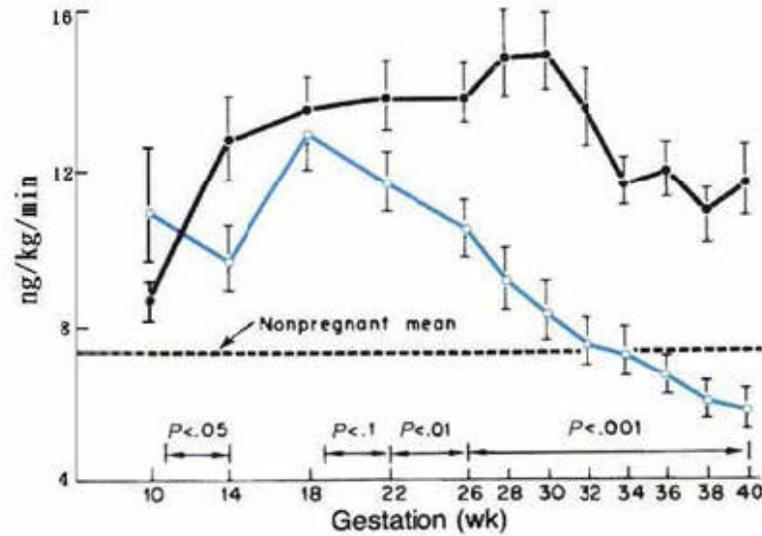


3.- There should be a recognizable latent or early symptomatic stage.

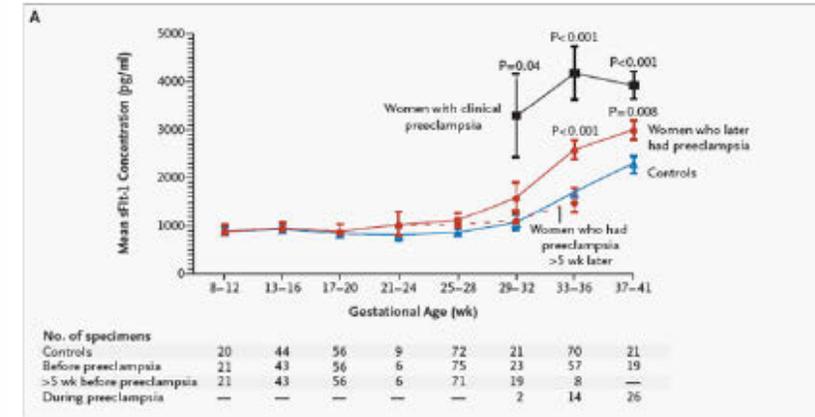
The initial pathological changes begin in the late first trimester and consist of abnormal remodeling of the spiral arteries



Brosens IA, Robertson WB, Dixon HG. The role of the spiral arteries in the pathogenesis of preeclampsia. *Obstet Gynecol Annu.* 1972;1:177-91



Gant NF, Daley GL, Chand S, Whalley PJ, MacDonald PC. A study of angiotensin II pressor response throughout primigravid pregnancy. *J Clin Invest.* 1973 Nov;52(11):2682-9



Levine RJ, Maynard SE, Qian C, et al Circulating angiogenic factors and the risk of preeclampsia. *N Engl J Med.* 2004 12;350(7):672-83

4.- There should be a screening test or examination capable of detecting the disease in its latent or early symptomatic stage, and the test should be acceptable to the population.

A good test for predicting women who will develop preeclampsia should be **simple, rapid, noninvasive, inexpensive, easy to perform, and should not expose the patient to discomfort or risk**

The technology should be widely available and the results **reproducible** and reliable, with a high likelihood ratio for a positive test (>15) and a low likelihood ratio for a negative result (<0.1) and good sensitivity and specificity.

Ideally, it should provide an **opportunity for intervention to prevent development of the disease, or at least result in better maternal and/or fetal outcomes.**

Currently, there are no clinically available tests that perform well according to these guidelines in distinguishing women who will develop preeclampsia from those who will not

Detection rate (DR) of early pre-eclampsia at a 10% false positive rate using various multiparametric predictive models

Predictive model	Parameters	DR%
Parra-Cordero et al. ³⁶	BMI, smoking, lowest UtA-PI, PIGF	47
Odibo et al. ³⁷	HTN, mean UtA-PI, PAPP-A, PP-13	68
Poon et al. ³⁸	Maternal history, UtA-PI, PAPP-A	71.9
Scazzocchio et al. ³⁹	Ethnicity, BMI, parity, previous PE, age, HTN, renal disease, MAP, mean UtA-PI	81
Poon et al. ⁴⁰	Ethnicity, BMI, parity, previous PE, age, HTN, DM, thrombophilia, smoking, MAP, lowest UtA-PI	89
Crovetto et al. ⁴¹	Maternal characteristics, MAP, UtA-PI, sFlt-1	91.2
Poon et al. ⁴²	Maternal characteristics, lowest UtA-PI, MAP, PIGF	92.3
Poon et al. ³⁵	Maternal factors, UtA PI, MAP, PAPP-A, PIGF	93.1*
Poon et al. ⁴³	Ethnicity, BMI, parity, previous PE, age, HTN, DM, thrombophilia, smoking, MAP, lowest UtA-PI, PAPP-A	95
Akolekar et al. ⁴⁴	Maternal factors, MAP, UtA-PI, PAPP-A, PIGF, PPI3, sEng, Inhibin-A, Activin-A, PTX3, P-selectin	95.2
Akolekar et al. ⁴⁵	UtA-PI, MAP, PAPP-A, PIGF	96.3

PIGF: placental growth factor; PAPP-A: pregnancy-associated plasma protein A; MAP: mean arterial pressure.

*FPR of 5% in this study.

Clinical evaluation of a first trimester algorithm predicting the risk of hypertensive disease of pregnancy

3066 women, EOPE 12 (0,4%), LOPE 71 (2,4%), A priori risk, UtA-PI, MAP, PAPP-A

EOPE

	False positive rate	
Test performance	5%	10%
Sensitivity (95%CI)	41.7% (15.3–72.2) 83	91.7% (61.6–98.6) 95
Specificity	95.2% (93.5–95.2)	90.3% (89.7–91.8)
PPV	3.4% (1.3–8.6)	3.6% (2.0–7.0)
NPV	99.8% (99.4–99.9)	99.9% (99.7–99.9)

Validation of a first-trimester screening model for pre-eclampsia

4621 women EOPE 28 (0,7%, LOPE 141 (3,4%), EOPE A priori risk, UtA-PI, MAP LOPE A priori risk, PAPP-A

Construction cohort

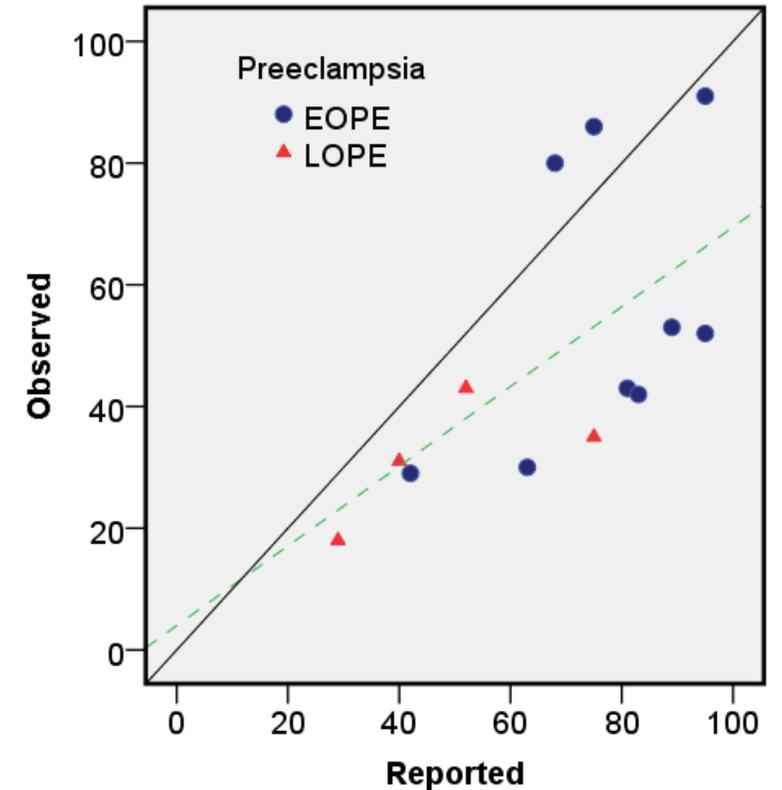
	FPR %	DR % (95% CI)	PPV % (95% CI)	NPV % (95% CI)	Prev
Late PE	5	39.7 (28.2-53.8)	11.3 (8.3-14.7)	99 (98.8-99.2)	2,1
	10	52.6 (42.3-62.9)	7.8 (6.4-9.2)	99.2 (99-99.3)	
Early PE	5	62.5 (45-80)	4.9 (3.6-6.2)	99.8 (99.8-99.9)	0,5
	10	75 (59.8-85.3)	3 (2.4-3.4)	99.9 (99.8-99.9)	

Validation cohort

	FPR %	DR % (95% CI)	PPV % (95% CI)	NPV % (95% CI)	Prev
Late PE	5	31.2 (22.7-36.9)	17.9 (13.7-20.5)	97.5 (97.2-97.7)	3,4
	10	43.3 (37.6-51.1)	13.1 (11.6-15.2)	97.8 (97.6-98.1)	
Early PE	5	78.6 (64.1-89.5)	9.8 (8.2-11)	99.8 (99.7-99.9)	0,7
	10	85.7 (71.3-96.4)	5.6 (4.7-6.3)	99.9 (99.8-100)	

External validation of multiparametric models for the prediction of EOPE and LOPE

Reference	Sensitivity (%) at fixed 10% FPR		PPV (95% CI) (%)	NPV (95% CI) (%)
	Reported	Observed		
Early pre-eclampsia				
Parra-Cordero ⁷	47	29	2.6 (1.4–4.6)	99.5 (99–100)
Scazzocchio ¹⁰	81	43	3.2 (2.0–5.0)	99.6 (99–100)
Poon ⁸	89	53	4.6 (2.8–7.3)	99.6 (99–100)
Poon ¹³	95	52	4.2 (2.6–6.5)	99.6 (99–100)
Odibo ¹²	68	80	11.3 (5.3–21.5)	99.8 (99–100)
Caradeux ¹⁵	63	30	5.6 (3.1–9.9)	99.0 (99–100)
Late pre-eclampsia				
Parra-Cordero ⁷	29	18	6.4 (5.0–8.1)	97.5 (96–99)
Scazzocchio ¹⁰	40	31	8.1 (6.5–10)	98.0 (97–99)



5.- There should be an acceptable treatment for people identified as having the disease.

Treatment for patients who have developed preeclampsia or eclampsia mainly consists of intensified management, magnesium sulphate for prevention of eclampsia and convulsions, and, at a certain point, induction of labour

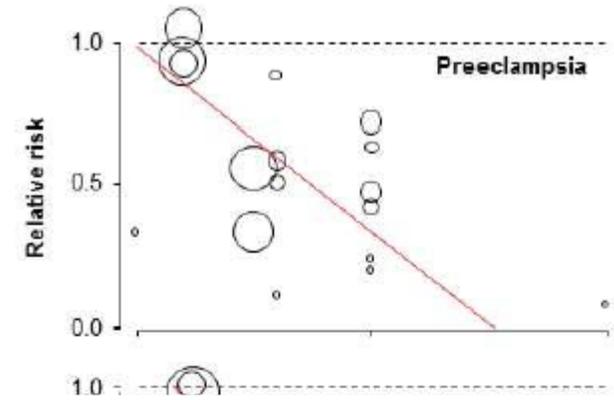
Induction of labour necessitates hospital admission, and in some cases intensified management may also require inpatient monitoring.

The accurate identification of women at risk, early diagnosis, and prompt and appropriate management (eg, antenatal corticosteroids for fetal lung maturation, treatment of severe hypertension, early delivery) may improve maternal outcome, and possibly perinatal outcome, as well.

The only treatment proven to be effective is delivery.

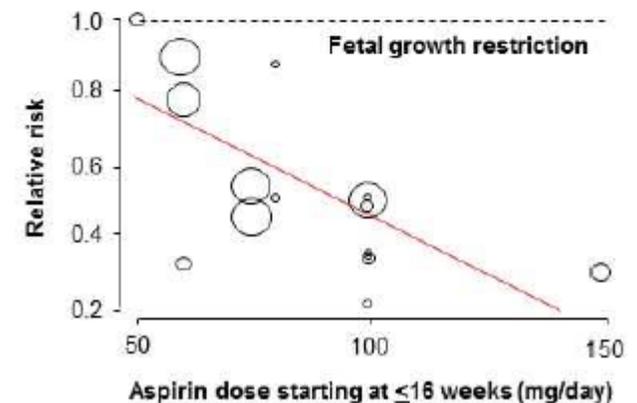
6.- Treatment in the latent or early symptomatic stages of the disease should favorably influence its course and prognosis.

45 RCTs including a total of 20,909 pregnant women randomized to between 50 mg and 150 mg of aspirin daily



No studies directly compared the effectiveness of screening for preeclampsia on health outcomes in a screened versus unscreened population (USPSTF 2016)

Prevention of PE and FGR using aspirin in early pregnancy is associated with a dose-response effect



Preventions modalities for pre-eclampsia by CPGs

Prevention modalities for pre-eclampsia	ESC	ACOG	SOMANZ	NICE	QLD	SOGC
Aspirin	+	+	+	+	–	+
Calcium	+	–	+			+
Vitamin C and E	X	X	X	X		X
LMWH			–	X		
Fish oil	X	X	X			
Folic acid		+	–	X		–
Nitric acid donors		X				
progesterone		X				
Magnesium		X				X
Zinc						X
Salt restriction	X	X		X		X
Caloric restriction	X					X
Thiazide diuretics						X

+ represents recommendation for, X represents recommendation against, – represents neither recommendation for nor against, a blank cell indicates that no recommendation was present.

CPGs, clinical practice guidelines; ESC, European Society of Cardiology; LMWH, low molecular weight heparin; NICE, National Institute of Health and Care Excellence; QLD, Queensland (Australia); SOMANZ, Society of Obstetric Medicine of Australia and New Zealand.

Bazzano, A. N., E. Green, et al., "Assessment of the quality and content of national and international guidelines on hypertensive disorders of pregnancy using the AGREE II instrument." *BMJ Open*. 2016 6(1): e009189.

7.- The facilities to diagnose and treat patients identified in the screening program should be available.

Multivariate models used serum markers and Doppler ultrasonography, which are not always available in primary care and are not generally used in the first trimester of routine prenatal care

Ultrasound measurement of Ut-PI needs adequate training and adherence to a standard ultrasound technique in order to achieve uniformity of results among different operators.

Affected by gestational age at screening, maternal weight, racial origin, and history of preexisting diabetes mellitus, and consequently it should be expressed as multiple of median (MoM) after adjustment for these factors

9.- The cost of case-finding, including the cost of diagnosis and treatment, should be reasonable in terms of its relationship to the cost of medical care as a whole.

Shmueli

Testing strategy costing US \$112 with a false-positive rate of 10% and a false-negative rate of 23%.

This achieved an 18% reduction in pre-eclampsia cases in a population where the prevalence of pre-eclampsia was 1.7%.

The cost per case of pre-eclampsia averted was US \$67,000, which was calculated to be equivalent to US \$19,000/quality-adjusted life-years, which is generally considered cost-effective.

The cost-effectiveness improved markedly when the prevalence of pre-eclampsia increased to 3%.

Meads

- From a decision maker viewpoint, giving calcium supplementation to all pregnant women ('no test/calcium all)' without any initial testing is the most effective 'test/treatment' combination

Shmueli A, Meiri H, Gonen R. Economic assessment of screening for pre-eclampsia. *Prenat Diagn.* 2012;32(1):29–38

Meads CA, Cnossen JS, Meher S, Juarez-Garcia A, ter Riet G, Duley L, et al. Methods of prediction and prevention of preeclampsia: systematic reviews of accuracy and effectiveness literature with economic modelling. *Health Technol Assess.* 2008;12(6):iii-iv, 1–270.



Modelled outcomes and costs of all possible test/treat strategies per 1000 low-risk women

Hypothetical test with good accuracy and modest cost; treatment strategy based on preventive Aspirin

Strategy (ranked by outcome and then cost)	Cases of PE	Women without PE	Costs (000s £)
1. No test/treat all	20.25	980	185.12
2. Test/treat all	20.25	980	215.12
3. Test/treat if positive	21.11	979	220.32
4. No test/no treat	25	975	225.23
5. Test/no treat	25	975	255.23

Hypothetical screening test: sensitivity 0.82 (false-negative rate 18%); specificity 0.95 (false-positive rate 5%); cost £30. Aspirin; relative risk 0.81, 19% reduction in risk of PE; cost £2.69.

10.-Case-finding should be a continuing process, not a “one-shot” project.

PE will not be eradicated, by any single remedy, therefore screening and prevention of PE is indeed a continuous process.

PE share different risk factors and mechanism

Risk factors that can be assessed at booking

History

Age (> 40 multiparous)	RR 1.96, 95% CI 1.34 to 2.87
Parity (nulliparity)	RR 2.91, 95% CI 1.28 to 6.61
Previous pre-eclampsia	RR 7.19, 95% CI 5.85 to 8.83
Family history of pre-eclampsia	RR 2.90, 95% CI 1.70 to 4.93
Multiple pregnancy	RR 2.93, 95% CI 2.04 to 4.21

Pre-existing medical conditions:

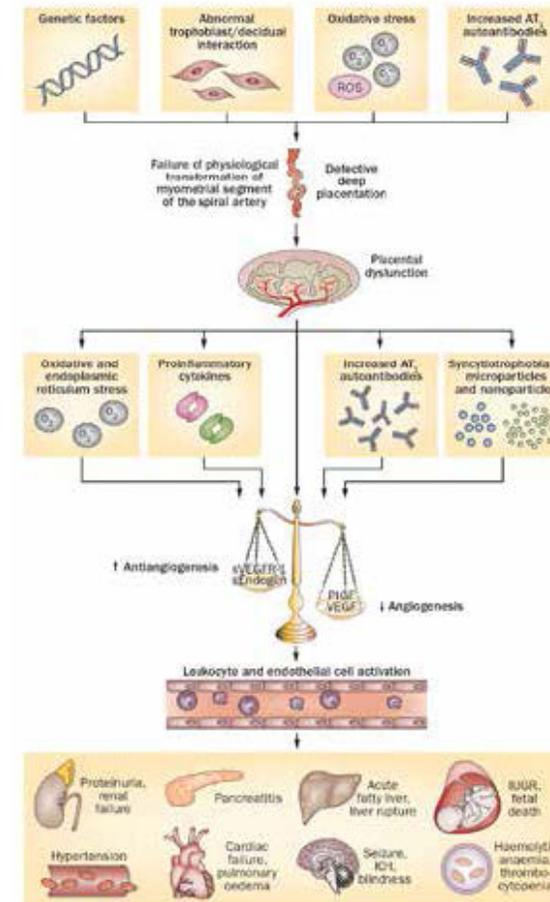
Insulin dependent diabetes (IDDM)	RR 3.56, 95% CI 2.54 to 4.99
Chronic hypertension	
Renal disease	
Autoimmune disease	
Antiphospholipid syndrome	RR 9.72, 95% CI 4.34 to 21.75
Time between pregnancies > 10 years	

Examination

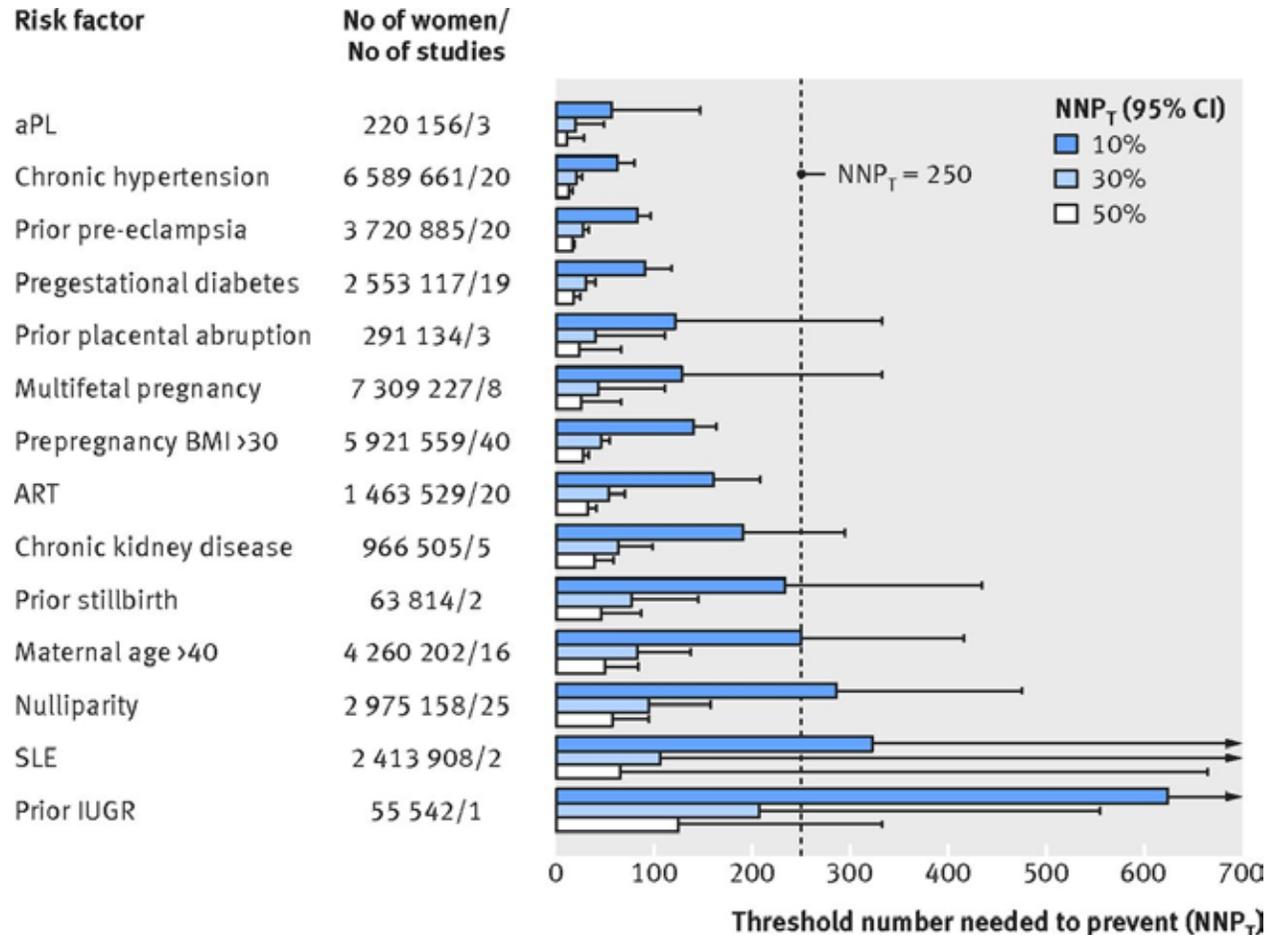
Body mass index (BMI)	RR 2.47, 95% CI 1.66 to 3.67
Blood pressure	RR 1.38, 95% CI 1.01 to 1.87
Proteinuria	

Duckitt K, Harrington D. Risk factors for pre-eclampsia at antenatal booking: systematic review of controlled studies *BMJ* 2005

these risk factors are not highly predictive, nor are they modifiable



Threshold number of women needed to receive aspirin prophylaxis to prevent one case of pre-eclampsia, based on individual clinical risk factors determined by 16 weeks' gestation



If a risk factor on its own was shown to have a $NNPT^*$ under 250, especially at a small relative risk reduction of 10%, then it might influence the decision to start aspirin prophylaxis.

* number needed to prevent

Screening for pre-eclampsia early in pregnancy: performance of a multivariable model combining clinical characteristics and biochemical markers

	<i>n</i> Cases	<i>n</i> Controls	FPR (%)	Sensitivity (%)	PPV (%)	NPV (%)	AUC
All PE							
Full model*	96	227	5	31 (22–42)	10 (7–13)	98.7 (98.4–98.9)	0.766 (0.703–0.822)
			10	42 (32–52)	7 (5–9)	98.8 (98.5–99.0)	
Clinical model (BMI + MAP)	102	244	5	30 (22–40)	10 (7–13)	98.7 (98.4–98.9)	0.747 (0.689–0.806)
			10	34 (25–44)	6 (4–7)	98.7 (98.4–99.0)	
Preterm PE							
Full model*	24	77	5	26 (10–47)	3 (2–5)	99.5 (99.4–99.7)	0.780 (0.678–0.882)
			10	39 (19–59)	2 (1–4)	99.6 (99.4–99.7)	
Clinical model (BMI + MAP)	25	85	5	29 (12–49)	3 (2–5)	99.5 (99.4–99.8)	0.741 (0.616–0.866)
			10	54 (31–72)	3 (2–4)	99.7 (99.5–99.8)	
Severe PE							
Full model*	42	109	5	15 (5–29)	3 (1–5)	99.2 (99.0–99.4)	0.717 (0.609–0.810)
			10	50 (34–66)	4 (3–6)	99.5 (99.3–99.7)	
Clinical model (BMI + MAP)	43	113	5	20 (10–36)	3 (2–6)	99.3 (99.1–99.5)	0.700 (0.604–0.796)
			10	41 (27–58)	3 (2–5)	99.4 (99.2–99.6)	

*Full Model: sFLT-1, PIGF, PAPP-A, Inhibin A, BMI and MAP. 95% confidence intervals.

Screening for pre-eclampsia early in pregnancy: performance of a multivariable model combining clinical characteristics and biochemical markers

The combination of two clinical characteristics and four biochemical markers (sFlt-1, PlGF, PAPP-A and inhibin A) did not out-perform a logistic model using two clinical characteristics alone, namely prepregnancy BMI and MAP at first prenatal visit

Table 1 Clinical practice guideline domain scores using the AGREE-II instrument

Domain	SOMANZ (%)	ACOG (%)	ESC (%)	QLD (%)	NICE (%)	SOGC (%)
Scope and purpose	46	70	42	74	98	98
Stakeholder involvement	30	61	34	74	93	91
Rigour of development	24	43	55	60	91	74
Clarity of presentation	63	88	91	87	94	93
Applicability	32	51	41	39	73	76
Editorial independence	7	55	65	48	62	70

AGREE-II, Appraisal of Guidelines for Research and Evaluation II; ESC, European Society of Cardiology; NICE, National Institute of Health and Care Excellence; QLD, Queensland (Australia); SOMANZ, Society of Obstetric Medicine of Australia and New Zealand.

Bazzano, A. N., E. Green, et al., "Assessment of the quality and content of national and international guidelines on hypertensive disorders of pregnancy using the AGREE II instrument." *BMJ Open*. 2016 6(1): e009189.



Conclusions

- Test predicting PE are heterogeneous
-
- Multivariate models have very low PPV and remain to be validated
- The capacity to predict later onset pre-eclampsia, is much more limited
- Multivariate models facilities are not always feasible
- Economically do not appears to be clearly supported
- As per the moment screening by maternal characteristics and blood pressure appears the more logical approach for Universal risk estimation