



# Biomarcadores en el Lupus Eritematoso Sistémico



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SANT PAU



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Hospital Dos de Maig  
5 Abril 2019

# Conflictos de interés:

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- u Financiación de actividades formativas:  
Abbie, Asacfarma, Amgen, Gebro, Lilly, Novartis, Pfizer.
- u Ponencias  
Amgen, Lilly
- u Ensayos Clínicos  
Centrexion, Novartis



# Biomarcador:



NIH-PA Author Manuscript

## What is a Biomarker?

The term “biomarker”, a portmanteau of “biological marker”, refers to a broad subcategory of medical signs – that is, objective indications of medical state observed from outside the patient – which can be measured accurately and reproducibly. Medical signs stand in contrast to medical symptoms, which are limited to those indications of health or illness perceived by patients themselves. There are several more precise definitions of biomarkers in the literature, and they fortunately overlap considerably. In 1998, the National Institutes of Health Biomarkers Definitions Working Group defined a biomarker as “a characteristic

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**Disclosure of Funding:** None



“A characteristic that is objectively measured and evaluated as an indicator of normal biological processes, pathogenic processes, or pharmacologic responses to a therapeutic intervention”



# Tipos de Biomarcadores en el LES:



## Diagnósticos

- Diagnóstico precoz/preclínico
- Diferenciadores de otras EAS
- Tratamiento precoz

## Pronósticos

- Mal pronóstico/ Curso agresivo de la enfermedad
- Predictores de complicaciones
- Riesgo cardio-vascular

## Monitorización de actividad inflamatoria

- Evaluación de actividad enfermedad
- Predictores de brotes

## Respuesta a tratamiento

- Predictores de respuesta a tratamientos
- Perfiles de pacientes -> perfiles fármacos

# Biomarcadores Diagnósticos



## Criterios clasificatorios:

	ACR 1997	SLICC 2012	EULAR/ACR
<b>Cohorte derivación</b>	a) Anti-DNA or	1. ANA	
<b>S (IC95%)</b>	b) Anti-Sm or	2. Anti-DNA	98,00 (96.7-99.2)
<b>E (IC95%)</b>	c) Positive finding of antiphospholipid antibodies based on:	3. Anti-Sm	96,40 (94.6-97.9)
<b>Cohorte validación</b>	1. Abnormal IgG/IgM anticardiolipin antibodies	4. Antiphospholipid antibodies	96,12 (94.7-97.5)
<b>S (IC95%)</b>	2. Positive Lupus anticoagulant	5. Low complement (C3, C4, CH50)	93,38 (91.2-95.3)
<b>E (IC95%)</b>	3. False positive serologic test for syphilis for 6 months	6. Direct Coombs' test	
	ANA		

Aringer M et al , ACR 2018 abst 2928  
Aringer et al, datos no publicados

\*Imagen tomada de la exposición del Dr Rúa-Figueroa en el VI Simposio de EAS de la SER de 2019.

# Criteriaos clasificatorios ACR/EULAR 2018



Clinical domains	Points
<b>Constitutional domain</b> Fever	2
<b>Cutaneous domain</b> Non-scarring alopecia Oral ulcers Subacute cutaneous or discoid lupus Acute cutaneous lupus	2 2 4 6
<b>Arthritis domain</b> Synovitis or tenderness in at least 2 joints	6
<b>Neurologic domain</b> Delirium Psychosis Seizure	2 3 5
<b>Serositis domain</b> Pleural or pericardial effusion Acute pericarditis	5 6
<b>Hematologic domain</b> Leukopenia Thrombocytopenia Autoimmune hemolysis	3 4 4
<b>Renal domain</b> Proteinuria > 0.5 g/24 hr Class II or V lupus nephritis Class III or IV lupus nephritis	4 8 10

Immunologic domains	Points
<b>Antiphospholipid antibody domain</b> Anticardiolipin IgG > 40 GPL or anti-β2GP1 IgG > 40 units or lupus anticoagulant	2
<b>Complement proteins domain</b> Low C3 or low C4 Low C3 and low C4	3 4
<b>Highly specific antibodies domain</b> Anti-dsDNA antibody Anti-Sm antibody	6 6

**REFERENCE: Aringer et al. Abstract #2928. 2018 ACR/ARHP Annual Meeting**

- ✓ **Classification criteria are not diagnosis criteria**
- ✓ All patients classified as having SLE must have ANA ≥ 1:80 (entry criterion)
- ✓ Patients must have ≥ 10 points to be classified as SLE
- ✓ Items can only be counted for classification if there is no more likely cause
- ✓ Only the highest criterion in a given domain counts
- ✓ SLE classification requires points from at least one clinical domain

@Lupusreference

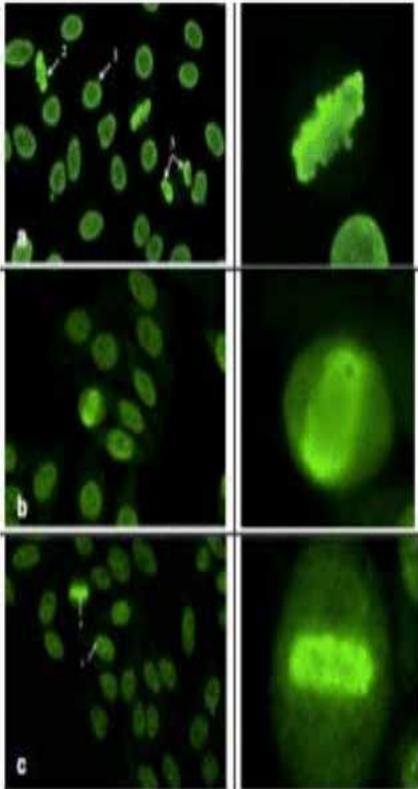
\* Imagen tomada de <https://t.co/h49IMEIo9B>

(<https://twitter.com/Lupusreference/status/1108052022060830720?s=03>)

# Biomarcadores “Anti-Diagnósticos”



## Anticuerpos anti-DFS:



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**The Journal of Rheumatology**

**Volume 39, no. 11**

**Anti-DFS70/LEDGF Antibodies Are More Prevalent in Healthy Individuals Compared to Patients with Systemic Autoimmune Rheumatic Diseases**

MICHAEL MAHLER, TODD PARKER, CAROL L. PEEBLES, LUIS E. ANDRADE, ANDREAS SWART, YVETTE CARBONE, DAVID J. FERGUSON, DANILO VILLALTA, NICOLA BIZZARO, JOHN G. HANLY and MARVIN J. FRITZLER

J Rheumatol 2012;39;2104-2110  
<http://www.jrheum.org/content/39/11/2104>

u

*Research Article*

**Clinical Phenotypes of Patients with Anti-DFS70/LEDGF Antibodies in a Routine ANA Referral Cohort**

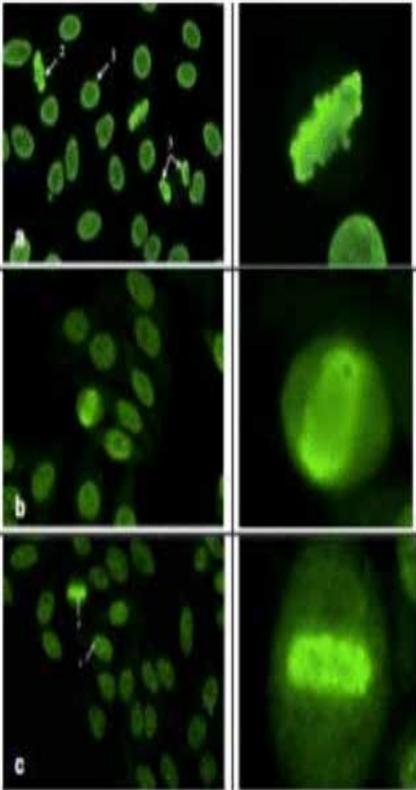
Makoto Miyara,<sup>1</sup> Roger Albesa,<sup>2</sup> Jean-Luc Charuel,<sup>1</sup> Mohamed El Amri,<sup>1</sup> Marvin J. Fritzler,<sup>3</sup> Pascale Ghillani-Dalbin,<sup>1</sup> Zahir Amoura,<sup>4</sup> Lucile Musset,<sup>1</sup> and Michael Mahler<sup>2</sup>

Hindawi Publishing Corporation  
Clinical and Developmental Immunology  
Volume 2013, Article ID 703759, 8 pages  
<http://dx.doi.org/10.1155/2013/703759>

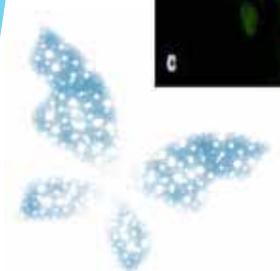
# Biomarcadores “Anti-Diagnósticos”



## Anticuerpos anti-DFS:



- u ANAS patrón fino denso
- u Es más frecuente en población sana: 24-54% frente a LES: 2,7%
- u Su prevalencia disminuye a 0,7% en LES y a 11% en sanos si es monoespecífico
- u Podría utilizarse como criterio de **EXCLUSIÓN** si
  - u ANA+ sin otras especificidades
  - u Cuadro no compatible/ síntomas inespecíficos



# Tipos de Biomarcadores en el LES:



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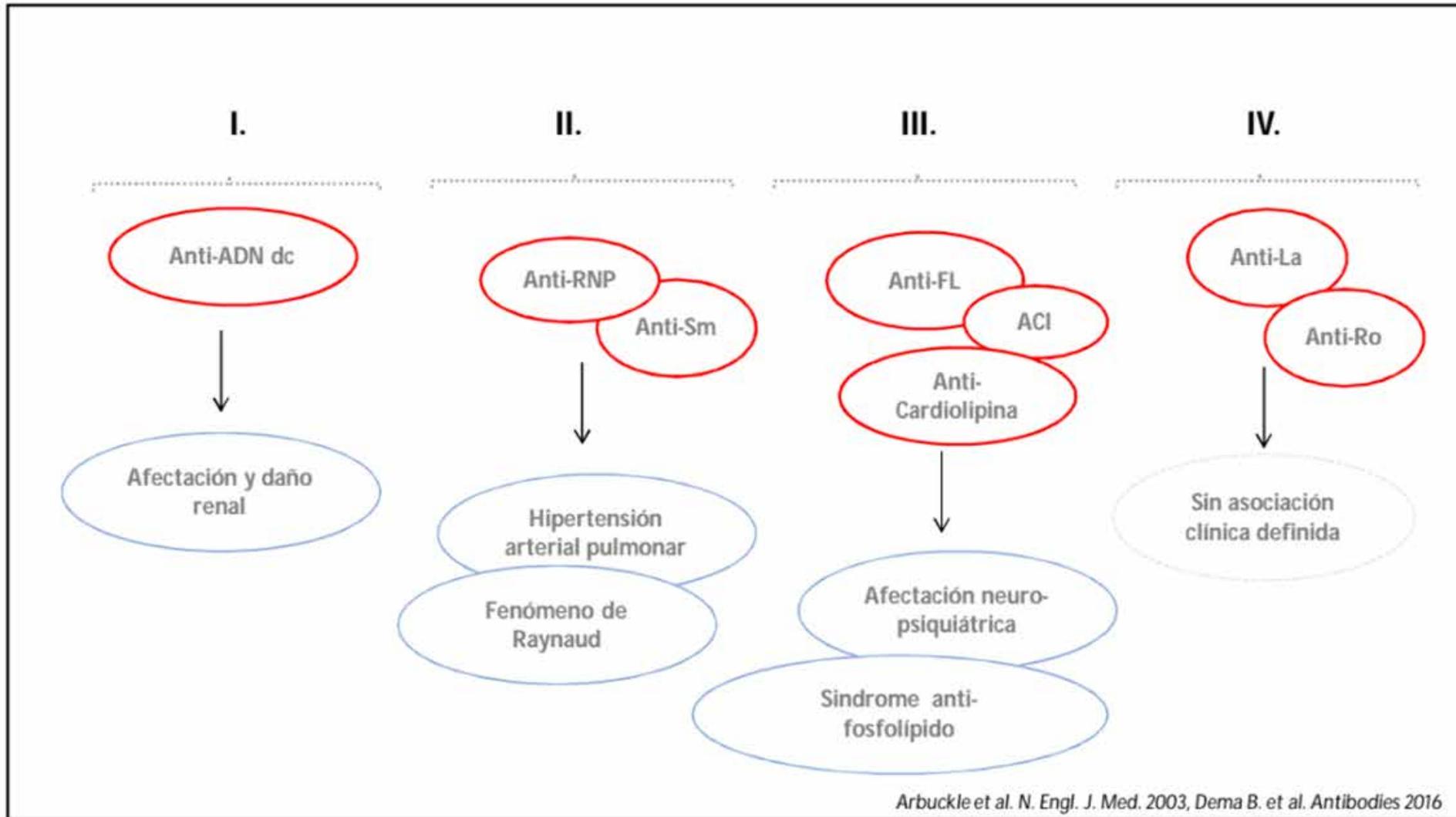
## Monitorización de actividad inflamatoria

- Evaluación de actividad enfermedad
- Predictores de brotes
- Respuesta fisiopatológica a fármacos

## Respuesta a tratamiento

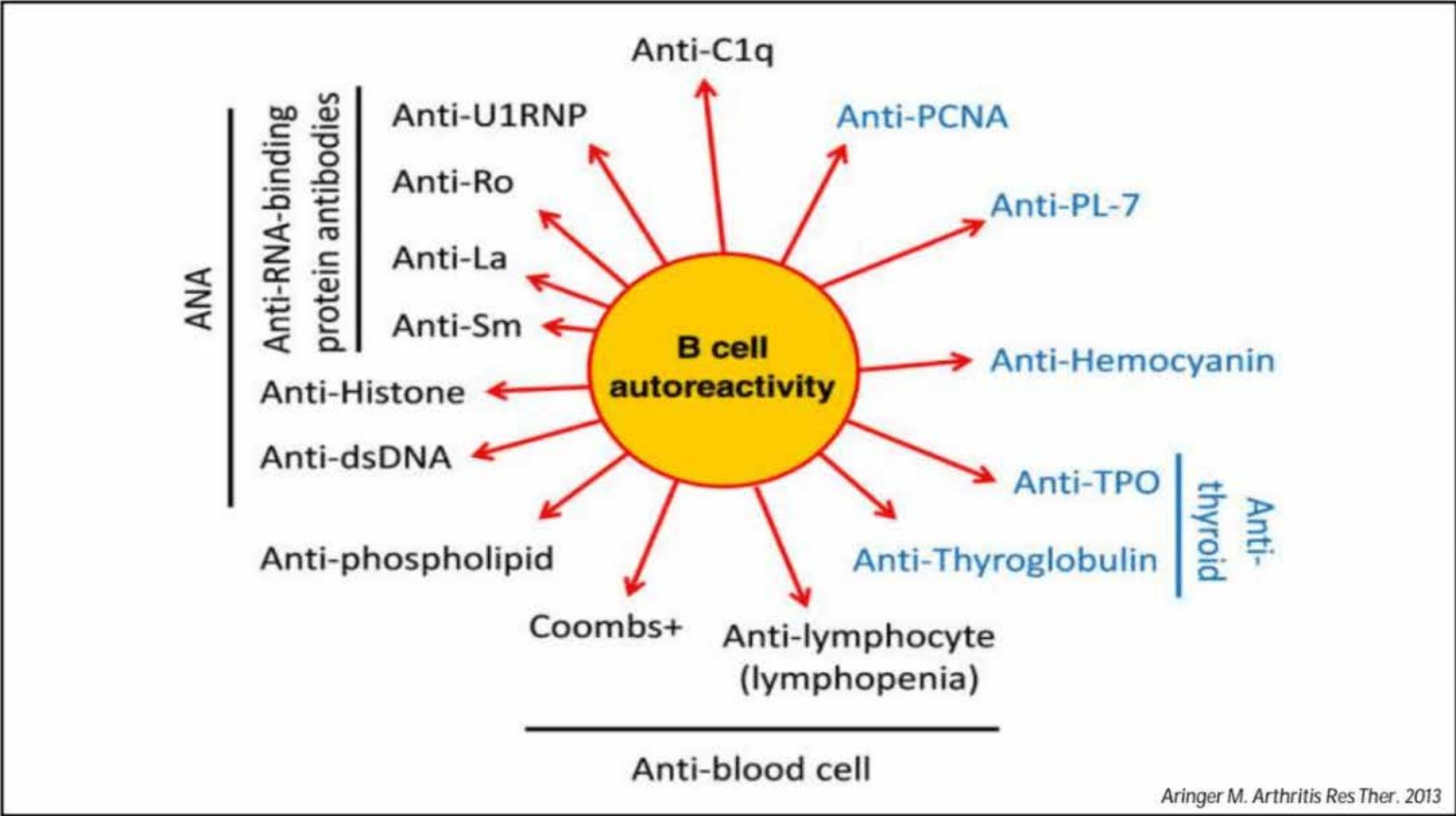
- Predictores de respuesta a tratamientos
- Perfiles de pacientes -> perfiles fármacos

# Biomarcadores de monitorización/Px



\*Imagen tomada de la exposición de la Dra Valor en X Curso de LES y SAF 2018 de la SER

# Biomarcadores de monitorización/Px



Aringer M. Arthritis Res Ther. 2013

\*Imagen tomada de la exposición de la Dra Valor en X Curso de LES y SAF 2018 de la SER



**Table 2** Investigated potential biomarkers and their correlations to disease activity

	Concentration*		P value†	Spearman's correlation‡		
	Controls (n=322)	SLE (n=437)	Control vs SLE	SLAM <sup>4</sup> (n=437)	SLEDAI-2K <sup>2</sup> (n=437)	PtGDA§ (n=132)
<b>Cytokines¶</b>						
INF- $\gamma$	6.1 (4.6–9.9)	11.7 (7.0–20.2)	<0.001	0.08 (p=0.08)	0.14 (p=0.005)	0.07 (p=0.4)
IL-8	3.0 (2.2–4.0)	4.9 (3.1–8.7)	<0.001	0.16 (p<0.01)	0.16 (p<0.01)	0.23 (p<0.01)
IL-15	2.1 (1.8–2.4)	2.9 (2.3–4.1)	<0.001	<b>0.28</b> (p<0.01)	<b>0.28</b> (p<0.01)	0.19 (p=0.03)
Eotaxin	88.4 (70.1–113.8)	133.5 (97.6–186.0)	<0.001	0.07 (p=0.14)	0.04 (p=0.4)	0.14 (p=0.1)
MCP-1	69.0 (55.0–85.0)	109.5 (83.0–152.5)	<0.001	0.23 (p<0.01)	0.23 (p<0.01)	<b>0.28</b> (p<0.01)
MDC	939.0 (764.3–1109)	844.0 (640.3–1120)	0.002	–0.10 (p=0.04)	–0.17 (p<0.01)	–0.16 (p=0.06)
MIP-1 $\beta$	43.8 (33.4–56.4)	72.7 (50.8–108.1)	<0.001	0.18 (p<0.01)	0.20 (p<0.01)	0.20 (p=0.02)
IL-10	0.3 (0.2–0.4)	0.8 (0.5–1.5)	<0.001	0.20 (p<0.01)	<b>0.27</b> (p<0.01)	0.18 (p=0.04)
IL-6	0.6 (0.5–0.9)	1.2 (0.7–2.2)	<0.001	0.23 (p<0.01)	0.24 (p<0.01)	<b>0.30</b> (p<0.01))
<b>TNF-<math>\alpha</math></b>	2.3 (2.0–2.8)	4.5 (3.1–6.2)	<0.001	<b>0.34</b> (p<0.01)	<b>0.32</b> (p<0.01)	<b>0.29</b> (p<0.01)
IL-12/IL-23p40	131.0 (99.5–179.0)	181.0 (123.0–286.0)	<0.001	0.07 (p=0.12)	0.08 (p=0.11)	–0.05 (p=0.6)
IL-16	182.0 (147.0–225.0)	214.0 (152.0–287.0)	<0.001	0.14 (p<0.01)	0.19 (p<0.01)	0.13 (p=0.2)
IL-1 $\alpha$	6.4 (3.4–11.7)	6.3 (3.2–12.8)	0.6	0.05 (p=0.4)	0.19 (p<0.01)	–0.06 (p=0.5)





**Table 2** Investigated potential biomarkers and their correlations to disease activity

	Concentration*		P value†	Spearman's correlation‡		
	Controls (n=322)	SLE (n=437)		Control vs SLE	SLAM <sup>4</sup> (n=437)	SLEDAI-2K <sup>2</sup> (n=437)
IL-7	3.7 (2.5–5.5)	5.0 (3.2–8.7)	<0.001	0.11 (p=0.03)	0.16 (p<0.01)	0.10 (p=0.2)
VEGF	56.7 (40.9–81.6)	77.1 (47.7–123.5)	<0.001	0.11 (p=0.03)	0.23 (p<0.01)	0.16 (p=0.07)
Eotaxin-3	20.8 (14.9–25.7)	24.4 (19.3–35.1)	0.0008	0.02 (p=0.8)	0.08 (p=0.3)	–0.01 (p=0.9)
IP-10	352.0 (258.8–479.0)	725.0 (446.0–1309)	<0.001	0.19 (p<0.01)	0.23 (p<0.01)	<b>0.27</b> (p=0.002)
MCP-4	56.0 (41.0–80.8)	78.0 (53.8–124.0)	<0.001	–0.01 (p=0.8)	–0.03 (p=0.6)	0.04 (p=0.6)
MIP-1α	12.0 (8.8–17.6)	21.5 (17.3–28.6)	<0.0001	<b>0.27</b> (p<0.01)	<b>0.26</b> (p<0.01)	0.10 (p=0.3)
TARC	54.4 (37.4–84.8)	85.3 (51.9–150.3)	<0.001	0.03 (p=0.5)	0.04 (p=0.4)	0.04 (p=0.6)
Standard clinical laboratory measurements						
ESR	8.5 (5–13)	19 (11–34)	<0.0001	<b>0.48</b> (p<0.01)	<b>0.28</b> (p<0.01)	0.18 (p=0.04)
C4	0.21 (0.17–0.25)	0.15 (0.1–0.2)	<0.0001	–0.12 (p=0.01)	<b>–0.36</b> (p<0.01)	–0.10 (p=0.3)
C3	1.04 (0.9–1.2)	0.88 (0.7–1.0)	<0.0001	–0.10 (p<0.05)	<b>–0.31</b> (p<0.01)	–0.02 (p=0.8)
P-albumin	42 (41–44)	39 (36–41)	<0.0001	<b>–0.31</b> (p<0.01)	<b>–0.33</b> (p<0.01)	<b>–0.42</b> (p<0.01)
hsCRP	0.93 (0.4–2.1)	1.7 (0.7–5.3)	<0.0001	0.21 (p<0.01)	0.16 (p<0.01)	<b>0.25</b> (p<0.01)
anti-dsDNA	4 (4.0–4.0)	5 (4.0–19.5)	<0.0001	0.21 (p<0.01)	<b>0.47</b> (p<0.01)	0.19 (P=0.03)
U-albumin/ creatinine	0.45 (0.32–0.76)	1.11 (0.52–5.48)	<0.0001	0.22 (p<0.001)	<b>0.30</b> (p<0.001)	0.12 (p=0.2)



# Biomarcadores de monitorización/Px



## Albúmina:

- u Sencillo, barato, disponible
- u La albuminemia >3,7 g/dl al año del diagnóstico predice una mejor evolución en nefritis lúpica

- u Discrimina entre LES y controles sanos
- u Marcador de actividad lúpica

### Lupus nephritis



## Serum albumin at 1 year predicts long-term renal outcome in lupus nephritis

Vinicius Domingues,<sup>1</sup> Benjamin A Levinson,<sup>2</sup> Nicole Bornkamp,<sup>1</sup> Judith D Goldberg,<sup>2</sup> Jill Buyon,<sup>1</sup> H Michael Belmont<sup>1</sup>

### Biomarker studies



## TNF- $\alpha$ and plasma albumin as biomarkers of disease activity in systemic lupus erythematosus

Helena Idborg,<sup>1</sup> Susanna Eketjäll,<sup>2,3</sup> Susanne Pettersson,<sup>4,5</sup> Johanna T Gustafsson,<sup>1</sup> Agneta Zickert,<sup>1</sup> Marika Kvarnström,<sup>1</sup> Villija Oke,<sup>1</sup> Per-Johan Jakobsson,<sup>1</sup> Iva Gunnarsson,<sup>1</sup> Elisabet Svenungsson<sup>1</sup>



# Biomarcadores: DNA, C3/C4 y C1q



*Research Article*

## **Anti-Double-Stranded DNA Isotypes and Anti-C1q Antibody Improve the Diagnostic Specificity of Systemic Lupus Erythematosus**

TABLE 6: Diagnostic value of anti-dsDNA isotypes, anti-C1q antibody, and low C3 and/or C4 for **disease activity** of SLE.

	Sensitivity	Specificity	PPV	NPV	OR (95% CI)
<b>Anti-dsDNA IgG</b>	83%	46%	69%	64%	4.029 (1.592–10.196)
Anti-dsDNA IgA	42%	80%	75%	48%	2.818 (1.103–7.203)
<b>Anti-C1q</b>	63%	74%	78%	58%	4.971 (2.025–12.202)
Anti-dsDNA IgG and IgA	42%	82%	77%	49%	3.325 (1.257–8.790)
Anti-dsDNA IgG and anti-C1q	54%	79%	79%	54%	8.495 (3.436–21.002)
Anti-dsDNA IgA and anti-C1q	32%	87%	78%	47%	3.138 (1.053–9.356)
Anti-dsDNA IgG, IgA, and anti-C1q	32%	90%	82%	47%	4.038 (1.246–13.085)
<b>Low C3 and/or C4</b>	80%	71%	81%	69%	9.6 (3.566–25.844)

# Biomarcadores: DNA, C3/C4 y C1q



Research Article

## Anti-Double-Stranded DNA Isotypes and Anti-C1q Antibody Improve the Diagnostic Specificity of Systemic Lupus Erythematosus

TABLE 3: Associations of the presence of anti-dsDNA isotypes and anti-C1q antibody with active/inactive SLE patients, LN/non-LN groups, and active/inactive LN cases.

	Activity of SLE (N = 96)			SLE with renal involvement (N = 96)			Activity of LN (N = 50)		
	Active SLE	Inactive SLE	p value	LN	Non-LN	p value	Active LN	Inactive LN	p value
Anti-dsDNA IgG	82.5% (47/57)	53.8% (21/39)	0.002	76% (38/50)	71.7% (33/46)	NS	78.8% (26/33)	58.8% (10/17)	NS
Anti-dsDNA IgM	49.1% (28/57)	38.5% (15/39)	NS	32% (16/50)	58.7% (27/46)	0.005	33.3% (11/33)	29.4% (5/17)	NS
Anti-dsDNA IgA	42.1% (24/57)	20.5% (8/39)	0.028	28% (14/50)	37.0% (17/46)	NS	30.3% (10/33)	29.4% (5/17)	NS
Anti-C1q	63.2% (36/57)	25.6% (10/39)	0.000	56% (28/50)	39.1% (18/46)	0.032	33.3% (11/33)	23.5% (4/17)	NS

SLE: systemic lupus erythematosus; LN: lupus nephritis; NS: no significance;  $p < 0.05$ , chi-squared test.

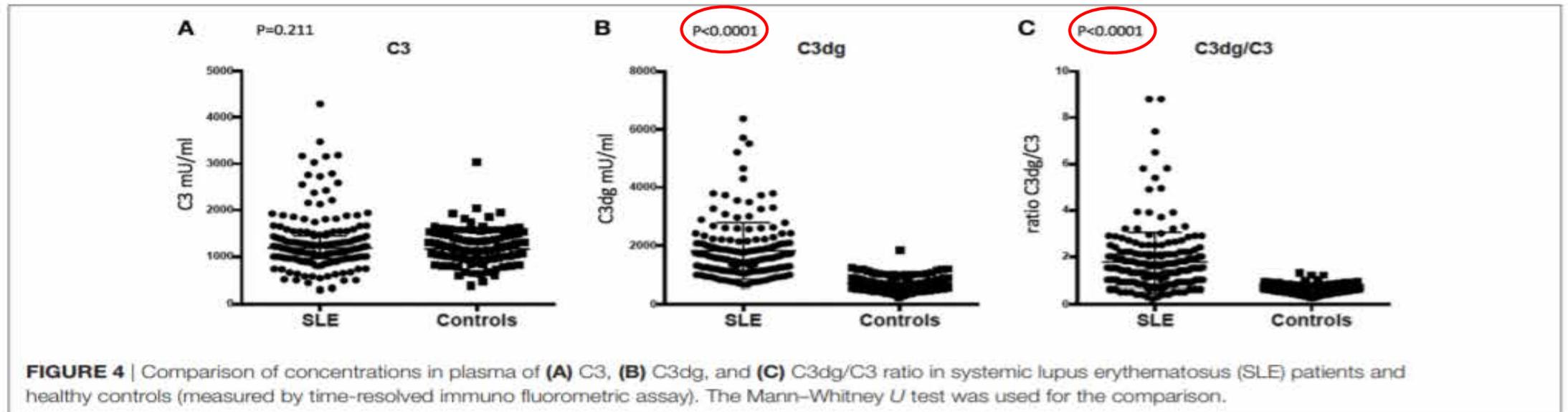
# Biomarcadores: C3 vs C3dg



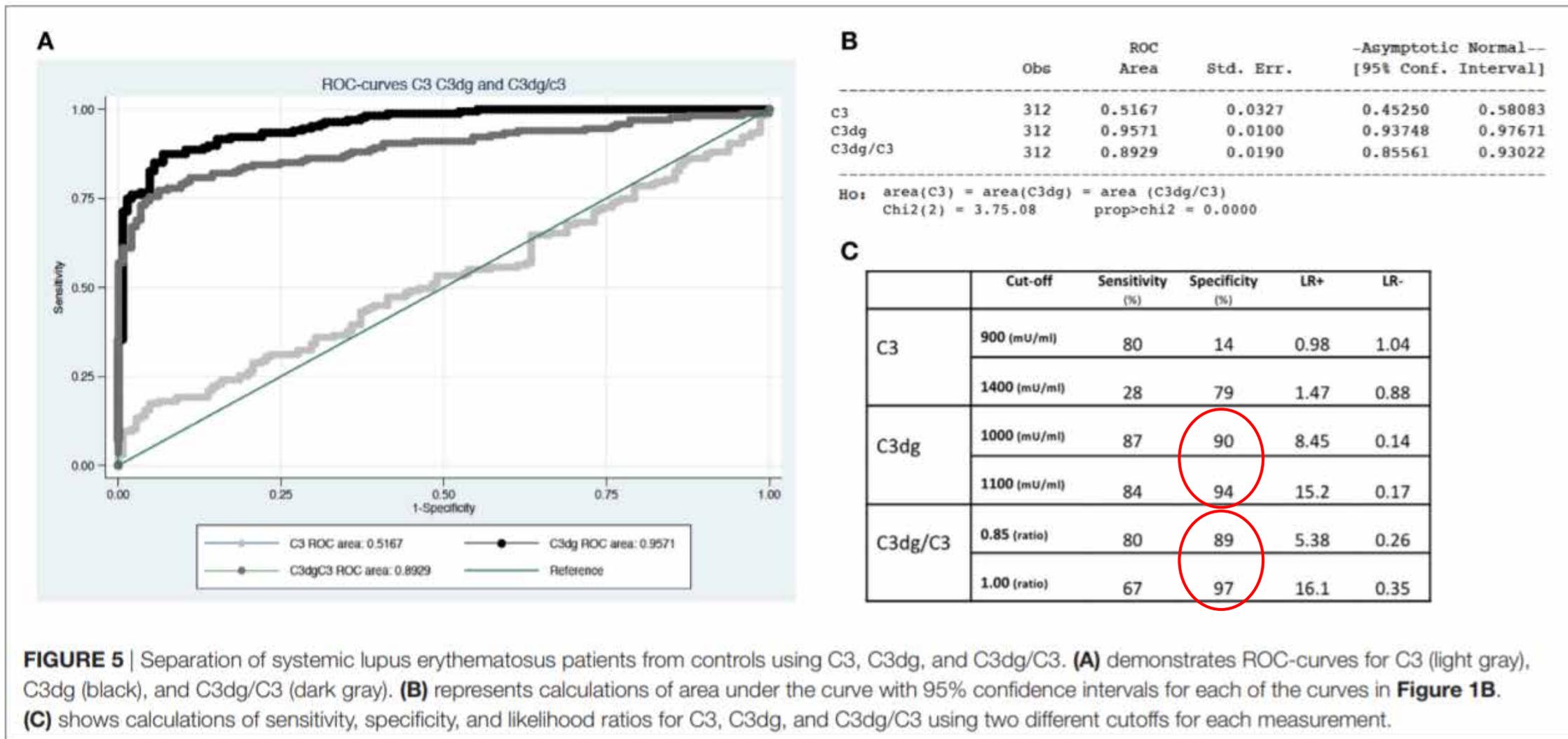
## The C3dg Fragment of Complement Is Superior to Conventional C3 as a Diagnostic Biomarker in Systemic Lupus Erythematosus

Anne Trolborg<sup>1,2\*</sup>, Lisbeth Jensen<sup>3</sup>, Bent Deleuran<sup>1,3</sup>, Kristian Stengaard-Pedersen<sup>1,2</sup>, Steffen Thiel<sup>3</sup> and Jens Christian Jensenius<sup>3</sup>

- u Fragmento soluble del complemento
- u Indica consumo
- u 4 horas de vida media



# Biomarcadores: C3 vs C3dg



# Biomarcadores: Futuro (cercano)

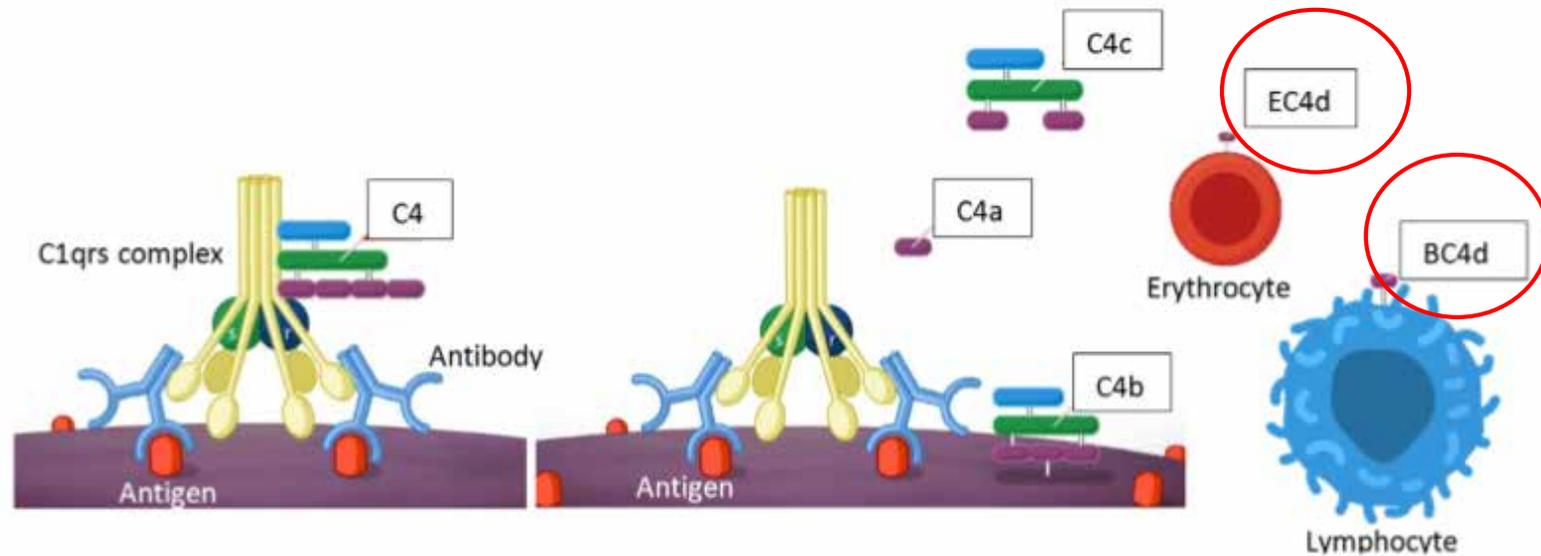
u **CB-CAPs**: Productos de activación del complemento unido a la célula

Review



## Cell-bound complement activation products in SLE

Rosalind Ramsey-Goldman,<sup>1</sup> Jian Li,<sup>1</sup> Thierry Dervieux,<sup>2</sup> Roberta Vezza Alexander<sup>2</sup>



# Biomarcadores: CB-CAPs



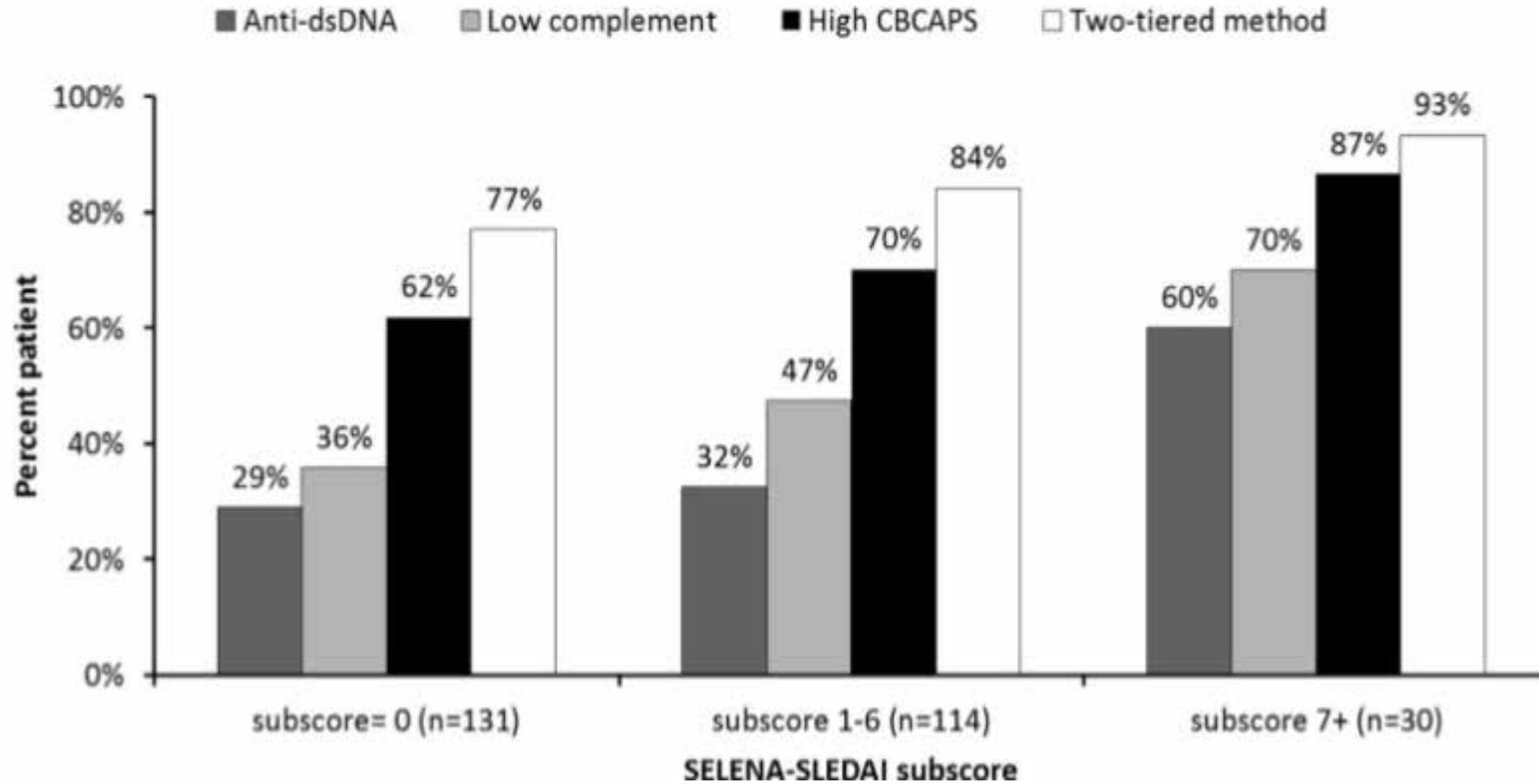
**Table 1** Sensitivity and specificity of EC4d, BC4d, TC4 and PC4d

CB-CAPs	Sensitivity (%)	Specificity	Reference	
Eritrocitos	EC4d	70	83.1% versus other rheumatic diseases 92.7% versus NHV	Kalunian <i>et al</i> , 2012 <sup>48</sup>
		24	96% versus primary fibromyalgia	Wallace <i>et al</i> , 2016 <sup>18</sup>
		46	88%–95% versus other rheumatic diseases 99% versus NHV	Putterman <i>et al</i> , 2014 <sup>14</sup>
Linfos B	BC4d	60	82% versus other autoimmune or inflammatory diseases	Liu <i>et al</i> , 2009 <sup>49</sup>
		33	100% versus primary fibromyalgia	Wallace <i>et al</i> , 2016 <sup>18</sup>
		65.7	86.5% versus other rheumatic diseases 95.6% versus NHV	Kalunian <i>et al</i> , 2012 <sup>48</sup>
		53	90%–96% versus other rheumatic diseases 99% versus NHV	Putterman <i>et al</i> , 2014 <sup>14</sup>
Linfos T	TC4d	56	80% versus other autoimmune or inflammatory diseases	Liu <i>et al</i> , 2009 <sup>49</sup>
Plaquetas	PC4d	46.2	92.7% versus other rheumatic diseases 99.5% versus NHV	Kalunian <i>et al</i> , 2012 <sup>48</sup>
		18	98% versus other rheumatic diseases 100% versus NHV	Navratil <i>et al</i> , 2006 <sup>33</sup>
		48	96% versus NHV	Lood <i>et al</i> , 2012 <sup>35</sup>

CB-CAP, cell-bound complement activation product; NHV, normal healthy volunteers.



# Biomarcadores: CB-CAPs



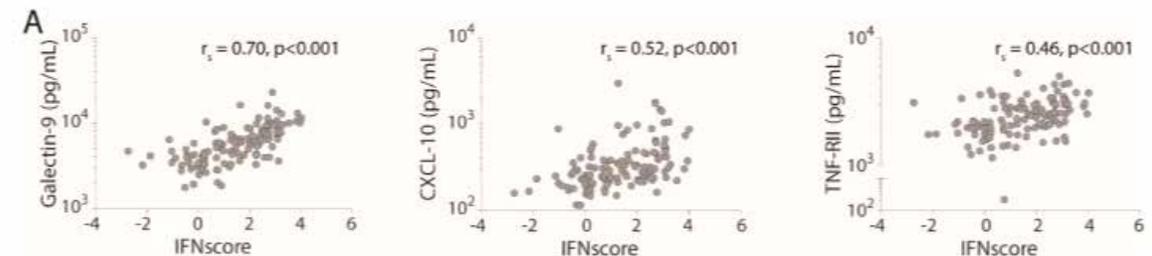
# Biomarcadores: Futuro (cercano)



- u **Firma del interferón:** expresión aumentada de los genes de interferón inducibles
  - u Transcriptómica: análisis de expresión de genes
  - u Presente en el 75% de pacientes con LES
  - u Relacionado con: niveles altos de Acs, Actividad de la enfermedad, predictor de brotes y bloqueo cardiaco congénito
  - u Anifrolumab

## u Interferón $\alpha$ en sangre vs marcadores subrogados:

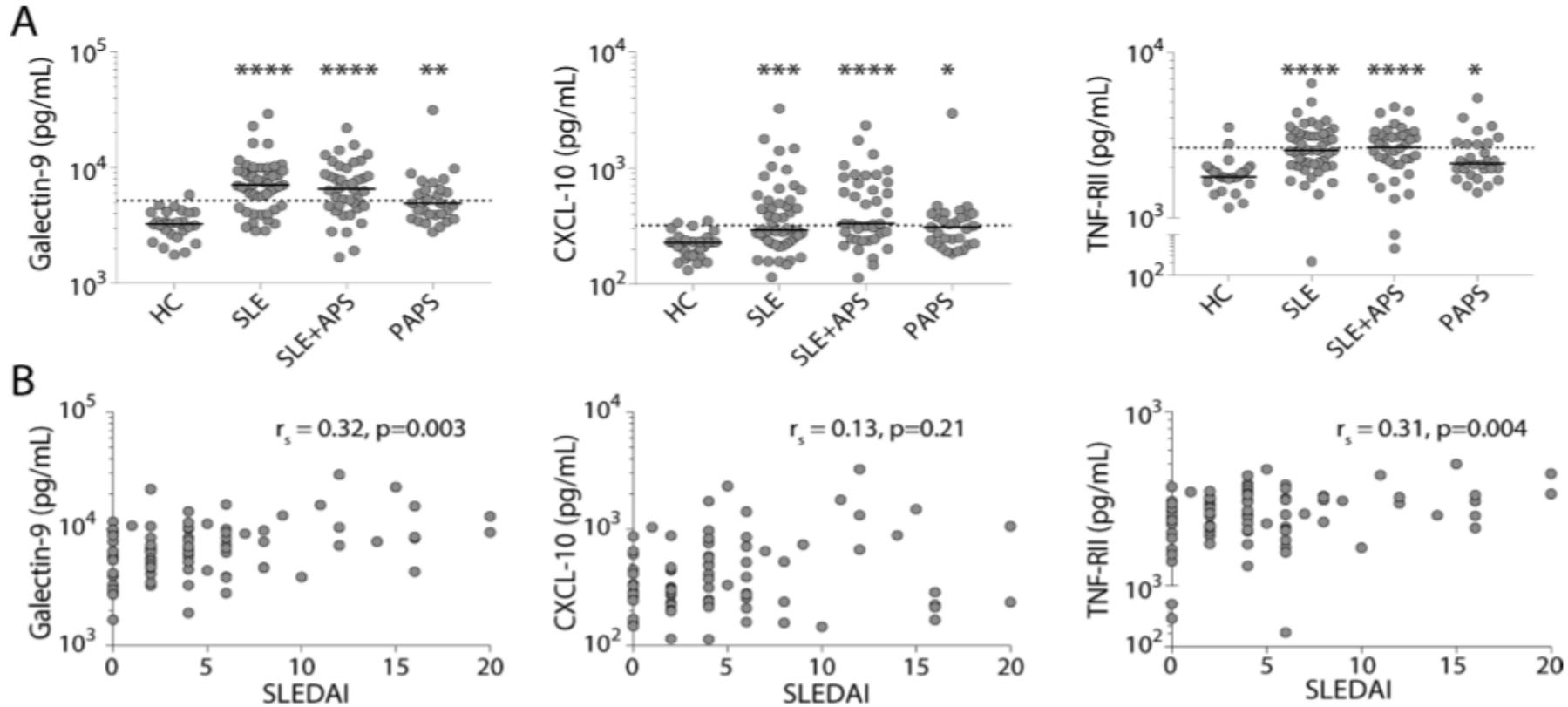
- u Galectina 9 ( $r=0.70$ ,  $p<0.001$ )
- u CXCL-10 (IP-10) ( $r=0.52$ ,  $p<0.001$ )
- u TNF-RII ( $r=0.46$ ,  $p<0.001$ )





# Biomarcadores: Firma del Interferón

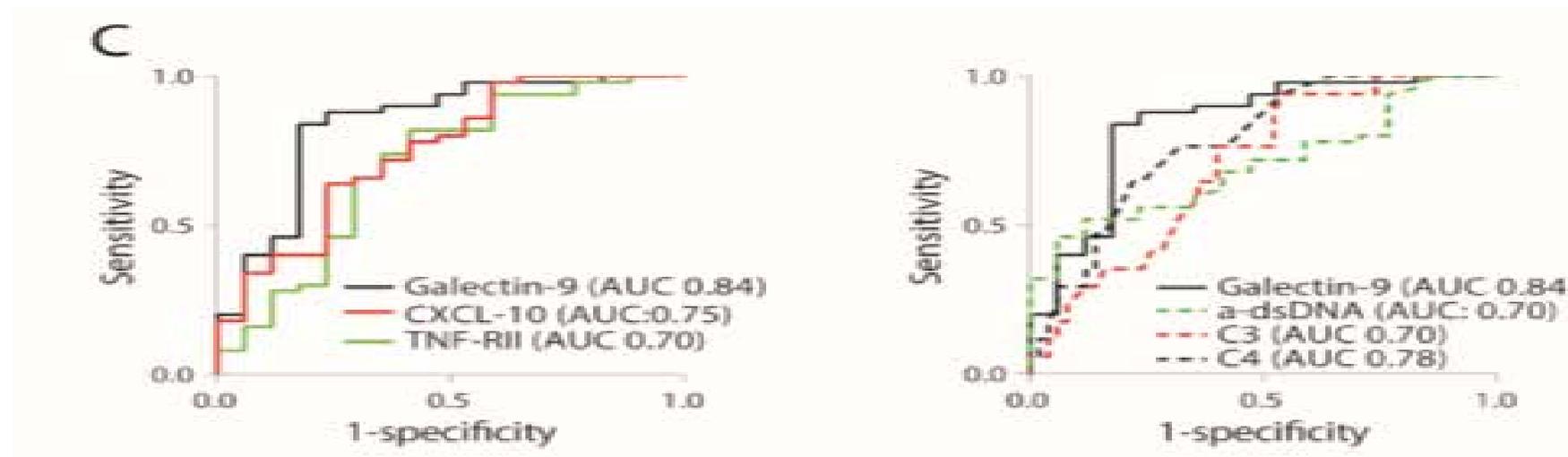
u Galectina 9 CXCL-10(IP-10) TNF-RII



Van den Hoogen LL. Galectin-9 is an easy to measure biomarker for the interferon signature in systemic lupus erythematosus and antiphospholipid syndrome. *Ann Rheum Dis.* 2018 Dec;77(12):1810-1814.

# Biomarcadores: Firma del Interferón

	Galectin-9	CXCL-10	TNF-RII	α-dsDNA	Complement
Sensitivity	84%	57%	48%	55%	62%
Specificity	72%	78%	67%	70%	60%
PPV	91%	89%	82%	85%	83%
NPV	59%	36%	29%	34%	34%



# Biomarcadores en LES: Tratamiento

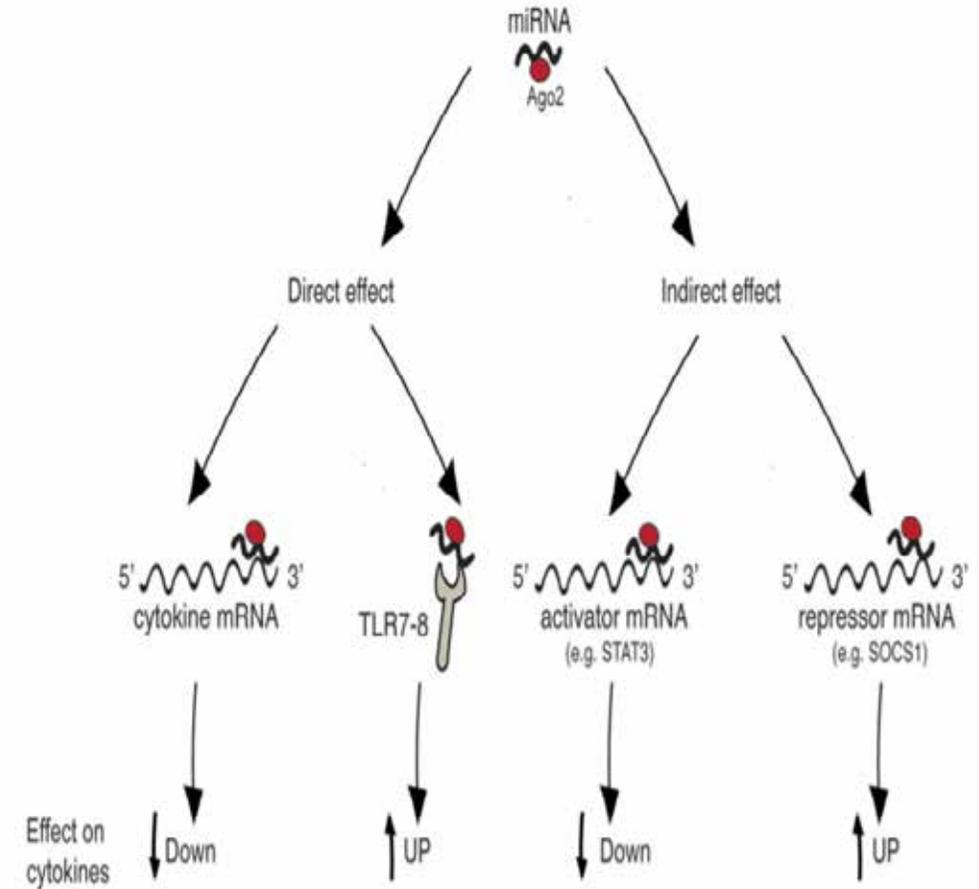


## u Ensayos clínicos

- u Scores de actividad: SLEDAI, BILAG, SRI4

## u Biomarcadores como dianas terapéuticas

- u Anifrolumab (ac monoclonal-> R del IF I)
- u Micro-RNA



# Gracias



1a Diada  
Reumatològica



# SANT PAU

