

Vasculopatia Periférica en la Esclerosis sistèmica: Tipos de úlceras i abordaje terapéutico



II Curs de malalties autoimmunes de la SCR



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Environmental stimuli (organic solvents, toxins, oxidative stress, virus...)

Genetic predispositions

Circulating epithelial progenitor

Vascular abnormalities

VEGF

Endothelial injury

Cellular Immune Response Activation
Immune Mediator release

Epithelium

Activated T lymphocyte

Macrophage

TNF
ROS
MMPs

ET-1, VEGF, TGF- β ,
CTGF, PDGF, IGF-2

Th17
IL-17, IL-21, IL-22

T lymphocytes
activation

Treg
TGF- β , IL-10

Anti-inflammatory

Th2
IL-4, IL-13,
IL-5, IL-6

Th1
IFN- γ , TNF- α , IL-2

Inflammation

TGF- β , PDGF

Fibroblast

B lymphocyte

Activated B lymphocyte

Y
Auto-antibodies

TGF- β , CTGF, IGF-2

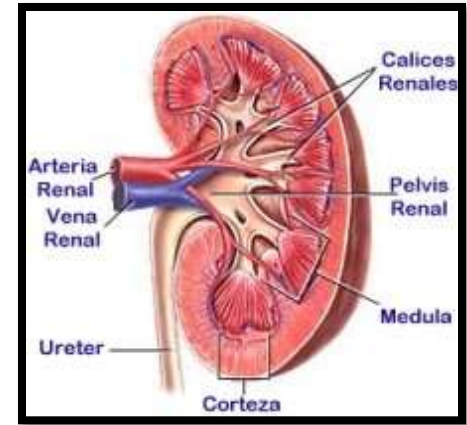
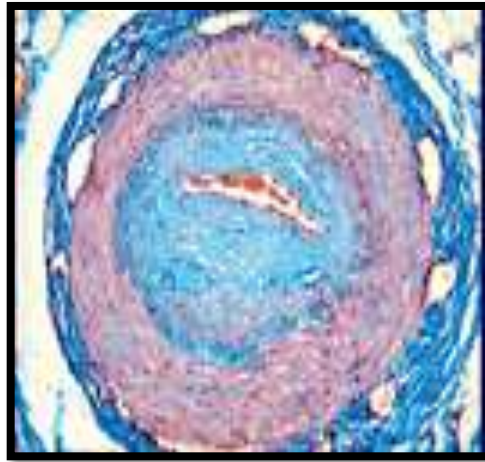
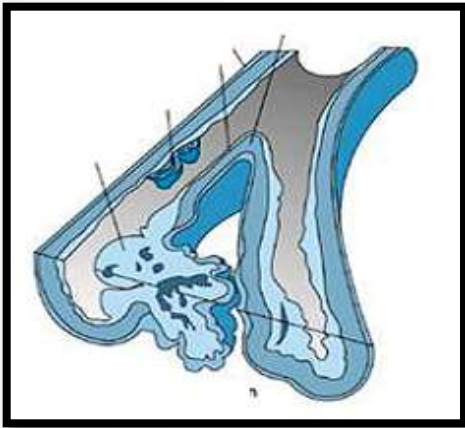
Extra-cellular matrix

B lymphocytes
differentiation

IL-6

Proliferation and differentiation
Collagen production

Fibrosis



FACULTÉ DE MÉDECINE DE PARIS.

THÈSE

POUR

LE DOCTORAT EN MÉDECINE,

Présentée et soutenue le 25 février 1862,

Par A.-G.-MAURICE RAYNAUD,

né à Paris,

Licencié en Lettres, Licencié en Sciences;

Interne en Médecine et en Chirurgie des Hôpitaux et Hospices civils de Paris;

Lauréat des Hôpitaux (Médaille d'Argent, 1838; Médaille d'Or, 1860);

Lauréat de la Faculté de Médecine (grand Prix de l'École Pratique, Médaille d'Or, 1861);

ex-Médecin traitant aux Hôpitaux de l'Armée d'Italie, 1859 (Médaille d'Argent de 1^{re} Classe);

Membre de la Société Anatomique.

DE L'ASPHYXIE LOCALE

ET

DE LA GANGRÈNE SYMÉTRIQUE DES EXTRÉMITÉS.



Úlceras Digitales

- Prevalencia 17-58%.
- Incidencia 30% pac-año.
- 1-11% amputación.
- Hospitalización: 38% (6 d).
- 46% antibioterapia.
- 73% casos en 5 primeros años.



Consensus opinion of a North American Working Group regarding the classification of digital ulcers in systemic sclerosis

Murray Baron • Lorinda Chung • Geneviève Gyger • Laura Hummers • Dinesh Khanna • Maureen D. Mayes • Janet E. Pope • Ami A. Shah • Virginia D. Steen • Russell Steele • Solène Tatibouet • Ariane Herrick • Ulf Müller-Ladner • Marie Hudson

- *Ingraham KM et al. Arthritis Rheum 2006.*
- *Nihtyanova SI et al. Ann Rheum Dis 2008.*
- *Steen V et al. Rheumatology 2009.*
- *Hachulla E et al. J Rheumatol 2007.*
- *Herrick AL et al. Arthritis Rheum 2009.*
- *Baron M et al. Clin Rheumatol 2014.*



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Digital ulcers: A digital ulcer is a lesion with visually discernable depth and a loss of continuity of epithelial coverage, which could be denuded or covered by a scab or necrotic tissue. A scab, or crust, is a hardened covering of dried secretions (as blood, plasma, or pus) that forms over an ulcer. Necrotic tissue is black or very dark brown and is the remnant of normal tissue that has become necrotic because of the ischemia to that area of the digit. The DUs that are usually studied in therapeutic trials are those that are thought to be ischemic in origin. Digital ulcers do not include fissures, paronychia, extrusion of calcium, ulcers over calcium (Fig. 1a-c), or ulcers over the metacarpophalangeal joints or elbows. If the examiner suspects calcium but is not certain, then an X-ray of the area should be obtained. Only digital ulcers at or distal to the proximal interphalangeal joints and without bone infection or calcinosis are to be assessed.



Baron M et al. Clin Rheumatol 2014.

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Tratamiento de la vasculopatía digital (y periférica): Objetivos

Disminución de clínica (FRaynaud)



Tratamiento específico complicación



Prevención de complicación



Vasculopatía Digital (UD)

- Presencia previa de UD.
- Afectación cutánea
- < DLCO
- VSG, IL-6
- Relación con autoAc
- Marcadores de daño endotelial
- sCD40L
- VCP: áreas avasculares.



*Hachulla E et al. J Rheumatol 2007.
Maricq HR et al. Arthritis Rheum 1981.
Kabasakal Y et al. Ann Rheum Dis 1996.
Khidmas S et al. Arthritis Care Res 2011.
Avouac J, et al. Ann Rheum Dis 2011.
Alivernini S et al. J Am Acad Dermatol 2008.
Allanore Y et al. Ann Rheum Dis 2005.*

Manejo de las complicaciones

Analgesia



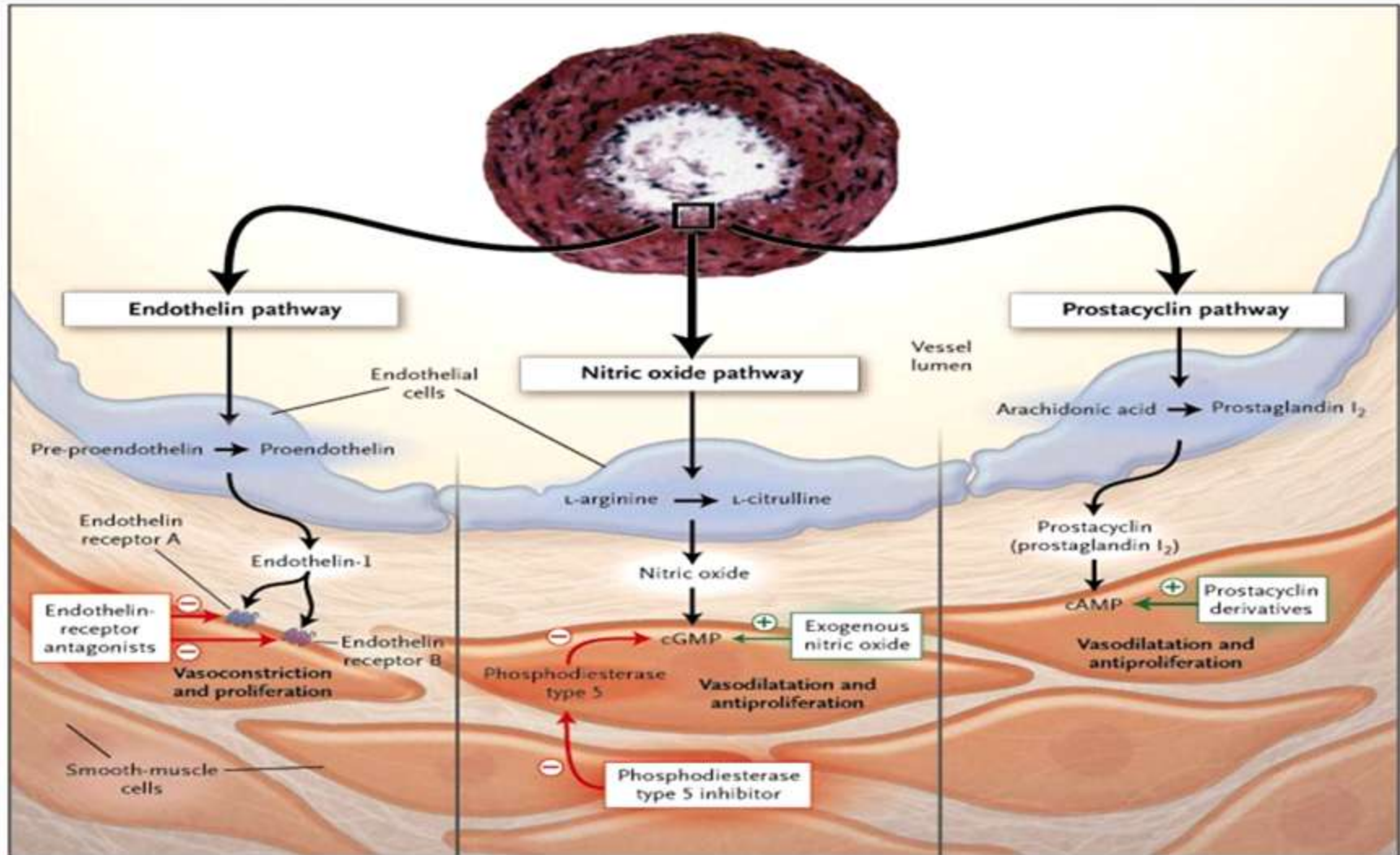
Terápias habituales

- Calcioantagonistas (nifedipino, amlodipino)
- Diltiazem
- IECA (Captopril)
- ARA-II (Losartán)
- Bloqueo α - adrenérgico (prazosin)
- Fluoxetina
- Nitratos tópicos
- *Atorvastatina*
- *Pentoxifilina*
- *AAS/Clopidogrel*
- *N-Acetil cisteína ev*
- *Vitamina E tópica*
- HBPM



Thompson AE, et al. Rheumatology 2005.
Dziadzio M et al. Arthritis Rheum 1999.
Pope J et al. Cochrane Database Sys Rev 2000.
Coleiro B et al. Rheumatology 2001.
Franks Jr AJ et al. Lancet 1982.
Abou-Raya et al. J Rheumatol 2008.
Kuwama M et al. Arthritis Rheum 2009.
Sambo P et al. J Rheumatol 2001.
Denton CP et al, Clin Exp Rheumatol 2000.

Terápias avanzadas



Análogos de Prostanoides

- Tratamiento de isquemia distal /UD.
- Múltiples efectos
- Eficacia de endovenosos
 - Iloprost
 - Alprostadil
- EA/administración.

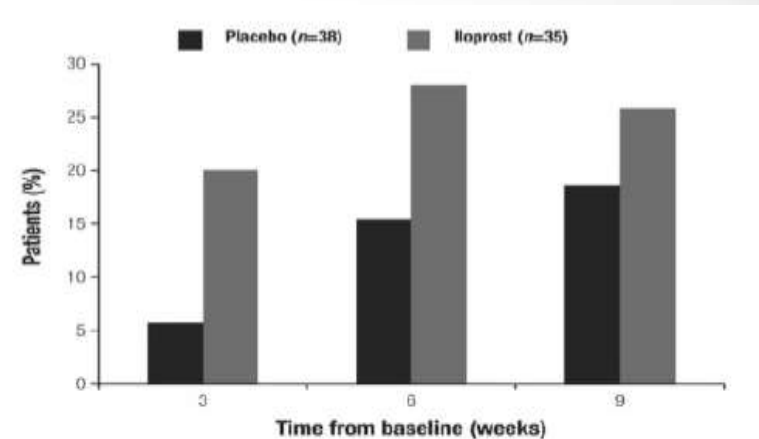
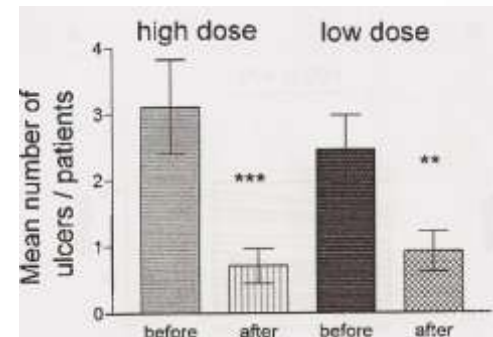


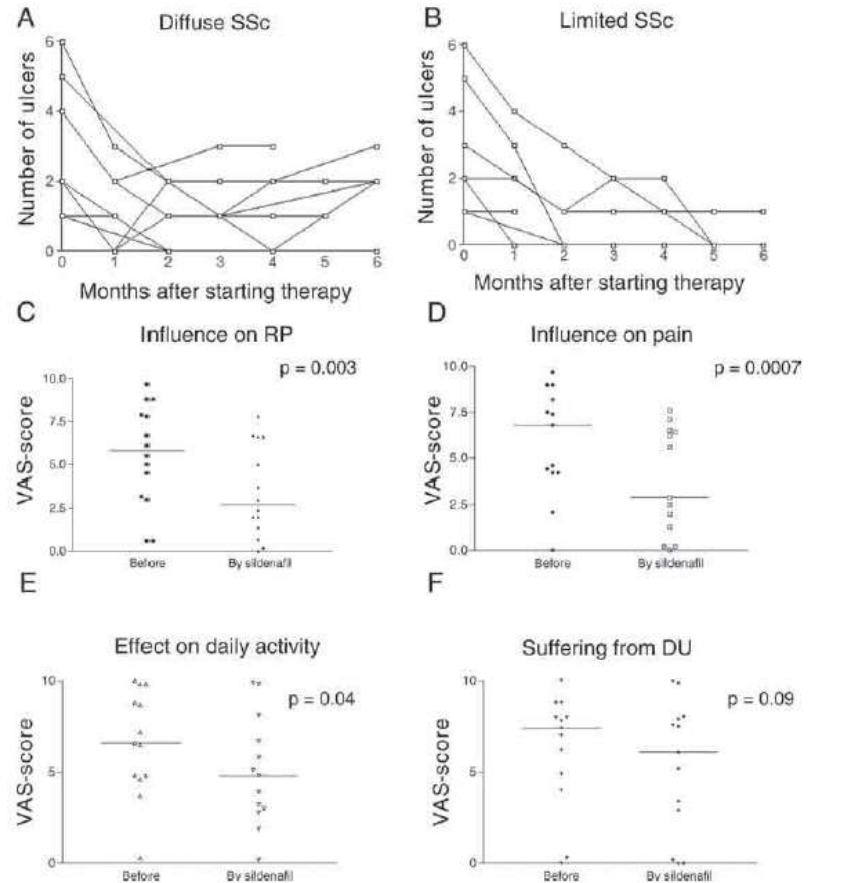
FIG. 3. The proportion of patients with SSc and RP who experience a reduction in the number of digital cutaneous lesions $\geq 50\%$ following treatment with intravenous iloprost. Image adapted from [13].



Mittag M et al. Acta Derm Venereol. 2001
Kahaleh MB et al. Arthritis Rheum. 2000
Pope J et al. Cochrane Database Sys Rev. 2005
Wigley FM et al. Ann Intern Med 1994
Kawald A, et al. J Rheumatol. 2008

Inhibidores de la PDE-5

- Sildenafil, Vardenafilo, tadalafilo
- Disminucion de crisis de FR en ES.
- Curación de UD.
- No prevencion de UD.
- Ausencia de ECA.



*Herrick AL , et al. Arthritis Rheum 2009.
Brueckner CS, et al. Ann Rheum Dis 2010.
Shenoy PD et al. Rheumatology 2010.*

Antagonistas Receptores de la Endotelina

- Bosentan

- Menor probabilidad de desarrollar múltiples UD en pacientes tratados con Bosentan.

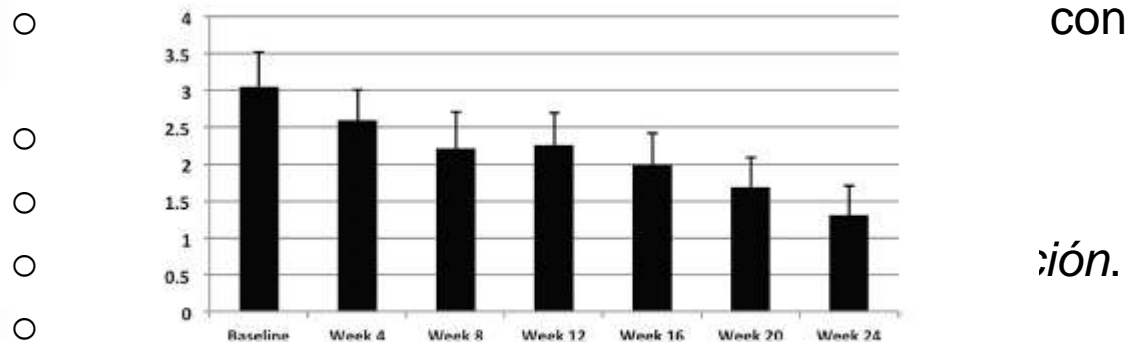


Fig 2. The mean number of total digital ulcers per patient was lower at week 12 (2.3 ± 1.9 ; $P = .07$) and significantly lower at week 24 (1.3 ± 1.6 ; $P = .004$) compared to baseline (3.1 ± 2.1).

- Ambisentan

- Curación 4/6 pacientes con UD rebeldes a Pgs y Bosentan.
- 20 pacientes con AMB 24s.

Korn et al. Arthritis Rheum 2004 .

Tsifetaki et al. J Rheumatol 2009.

Matucci-Cerinic et al. Ann Rheum Dis 2011.

Román-Ivorra JA, Simeon CP, Fonollosa V et al. J Rheumatol 2011.

Parisi S et al. Rheumatology 2013.

Chung L et al. J Am Acad Dermatol 2014

Sequential combination therapy



*Ambach A et al. JDDG 2009.
Moinzadeh P et al. J Am Acad Dermatol 2011.*





Ins

st)





- Prostanoides Iv
- HBPM
- Analgesia / AINE (!!)
- *Estatinas*
- *Pentoxifilina*
- CUIDADO CON LAS DERIVACIONES A C. VASCULAR!!! (excepto sospecha de infección severa)





Rituximab for refractory digital infarcts and ulcers in systemic sclerosis

Chiew-Gek Khor · Xena Lung-Fang Chen · Ting-Syuan Lin · Cheng-Hsun Lu · Song-Chou Hsieh

Therapeutic angiogenesis in patients with systemic sclerosis by autologous transplantation of bone-marrow-derived cells

Yoshiaki Ishigatsubo · Atsushi Ihata · Hiroshi Kobayashi · Maasa Hama · Yohei Kirino · Atsuhisa Ueda · Mitsuhiro Takeno · Akira Shirai · Shigeru Ohno

Recombinant human erythropoietin stimulates vasculogenesis and wound healing in a patient with systemic sclerosis complicated by severe skin ulcers

C. Ferri, D. Giuggioli, A. Manfredi, N. Quirici,* C. Scavullo,* M. Colaci, U. Gianelli,† G. Lambertenghi Dellilieri‡ and N. Del Papa§

The Journal of Rheumatology

Volume 33, no. 8

Ischemic scleroderma wounds successfully treated with hyperbaric oxygen therapy.

Y Michael Markus, Mary J Bell and A Wayne Evans

Effect of Clonazepam on Raynaud's Phenomenon and Fingertip Ulcers in Scleroderma

Murat Colakoğlu, Veli Cobankara, and Tekin Akpolat

LETTER TO THE EDITOR

Digital ulcer in systemic sclerosis successfully treated with Waon therapy

Concise Report

Local implantation of autologous mononuclear cells from bone marrow and peripheral blood for treatment of ischaemic digits in patients with connective tissue diseases

Y. Kamata¹, Y. Takahashi¹, M. Iwamoto¹, K. Matsui², Y. Murakami², K. Muroi³, U. Ikeda², K. Shimada², T. Yoshio¹, H. Okazaki¹ and S. Minota¹

ARTICLE ORIGINAL

Intérêt de la toxine botulinique de type A dans le traitement des syndromes de Raynaud sévères secondaires à la sclérodémie systémique

Botulinum toxin type A contribution in the treatment of Raynaud's phenomenon due to systemic sclerosis

J. Serri^a, R. Legré^a, V. Veit^b, C. Guardia^a, A.-M. Gay^{a,*}

Tratamiento quirúrgico



Kotsis S et al. J Rheumatol 2003.
Bogoch ER et al. J Rheumatol 2005.

Conclusiones

- La vasculopatía periférica y sobretodo la vasculopatía digital (UD) son una complicación frecuente de la Esclerosis Sistémica.
- La vasculopatía digital traduce clínicamente la lesión primordial vascular de la Esclerosis Sistémica.
- En los pacientes con Esclerosis Sistémica las lesiones vasculares periféricas diferentes a la vasculopatía digital también traducen el compromiso vascular de la enfermedad (en parte).
- El tratamiento de la vasculopatía se fundamente en prevención primaria , tratamiento de la complicación y prevención secundaria de la complicación.

Conclusiones

- El tratamiento con prostanoïdes intravenosos es fundamental en los casos de vasculopatía digital grave.
- El uso de los ARE y IPDE5 (o la combinación de éstos) también es útil para el tratamiento de la vasculopatía digital.
- El tratamiento local (desbridaje / limpieza) es básico en algunas circunstancias.
- La anticoagulación (HBPM) puede ser útil en los casos de necrosis digital.
- La necrosis digital puede presentar buena evolución con tratamiento no quirúrgico.

MOLTES GRÀCIES



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